

Children's Mental Health Services Continuum of Care in Fond du Lac County

Comprehensive Service Integration (CSI) Project

Fond du Lac School District

Phone: (920) 906-6700 Ext. 4700

Website: www.csifdl.org

October, 2008

Funded by:

U.S. Department of Education, Division of Safe and Drug Free Schools

The Continuum of Care provides information on the range of programs and services in Fond du Lac County that addresses children's mental health concerns, organized from least intensive/preventive to most intensive. It is to be used in school and community settings by mental health providers, school personnel, law enforcement, juvenile justice, and any other human services staff who work with families to support children's mental health.

School: Positive Behavior Interventions and Supports (PBIS) is a proactive systems approach to establishing the behavioral supports and social culture in school needed for all students to achieve social, emotional, and academic success. universal classroom guidance lessons on social skills, decision-making, problem-solving, careers, etc. delivered by school counselors/social workers; parent/teacher conferences - academic progress and school adjustment monitoring 2 times per year at each school (or phone for additional conferences).
Ph. (920)929-2900. Website: www.fonddulac.k12.wi.us.

ASTOP Protective Behaviors Program: teaches children to be safe by paying attention to their “Early Warning Signs” when a situation seems unsafe; delivered by elementary school counselors/social workers and/or ASTOP staff.
Ph. (920)926-5395. Website: www.astop.org.

TeenScreen: 9th grade screening tool designed to detect possible mental health concerns (i.e. depression, anxiety, etc.); follow up clinical interview if indicated by initial questionnaire results.
Ph. (920)906-6700 ext. 4714 or (920)906-6777. Website: www.teenscreen.org.

Boys and Girls Club: homework help, recreation, and character development after school and during summers for ages 6-18.
Ph. (920)924-0530. Website: www.bgca.org.

YMCA: family recreation, aquatic, and fitness opportunities to promote health and wellness. Ph. (920)921-3330. Website: www.fdlymca.org.

Recreation Department: adult/youth recreation, aquatic, sporting and league opportunities. Ph. 929-2885. Website: www.fonddulac.k12.wi.us

Clergy/spiritual leaders’ guidance: Fond du Lac Area Ministerial Association (FAMA). Ph. (920)922-3353.

School: Individual counseling and support groups (i.e. family change, friendship, anger management, AODA, etc.) facilitated by school counselors/social workers.
Parent meetings during which academic/behavioral problems are discussed and interventions explored. Contact child's school or Fond du Lac School District.
Ph. (920)929-2900. Website: www.fonddulac.k12.wi.us.

Support Groups: peer groups facilitated by community mental health providers that have a specific focus (i.e. grief, friendship, social skills, etc.); contact specific mental health providers in the Yellow Pages under "Counseling."
"Grief Relief" – free groups for grieving children sponsored by Agnesian HealthCare and Marian University. Ph. (920)926-4960.

Project Youth: free individual and support group counseling for youth; classroom presentations (i.e. bullying, teen issues, etc.); Ph. (920)907-0900.
24-hr. crisis hotline for teens and families: 1-800-686-1346.

Primary Care Physician. Contact your doctor, Yellow Pages under "Physicians."

NAMI: National Alliance on Mental Illness; information on mental illnesses, medications, resources, support systems, etc. Website: www.nami.org.

Friendship Corner: NAMI-sponsored drop-in center for persons with mental illness (ages 18+) at 27 E. Third St. Ph. (920)922-0569.

Solutions Center: homeless and domestic violence shelter for women and children (men's shelter is separate). Support services include children's and teen's support groups, and child and family counseling.
Ph. (920)923-1743; crisis line (920)923-1700.
Website: www.solutionsfdl.com.

Free S.P.I.R.I.T. Riders: a safe, therapeutic horseback riding program for individuals diagnosed with a developmental, physical, visual, cognitive, emotional, or social disability (2+ years of age).
Ph. (920)924-9920. Website: www.FreeSPIRITRiders.org.

Outpatient Counseling: individual, family, and group therapy facilitated by community mental health providers (go to www.csifdl.org or the Yellow Pages under “Counseling” for contact information).

School: “Problem-solving Teams” – school personnel and parents brainstorm and implement a plan of interventions with documentation and data collection to assist students in correcting academic and behavioral problems.

Functional Behavioral Assessment (FBA): a problem-solving strategy used to identify significant social, affective, cognitive, and/or environmental factors associated with the occurrence of specific problem behaviors in students.

Behavior Intervention Plan (BIP): takes the observations and contributing factors found in the Functional Behavioral Assessment (FBA) and turns them into a concrete plan of action for managing student behavior.

Fond du Lac School District Ph. (920)929-2900.

Website: www.fonddulac.k12.wi.us.

Voluntary Parent Support Systems: Family Resource Center – parenting and pregnancy support (also Spanish-speaking).

Ph. (920)923-4110; 24-hr. Family Connect Line Ph. (920)923-1499.

Website: www.fdlfrc.org.

Dept. of Social Services Resource Unit – “In Home Parent Training” for Juvenile Justice or Child Welfare families; “Family Foundations Pocan Program of FDL Co.” is a wraparound child abuse and neglect prevention home visitation program.

Ph. (920)929-3400. Website: www.fdlco.wi.gov.

Great Marriages of Fond du Lac – Website: www.thinkmarriage.org.

Independent Living Program: a Dept. of Social Services drop-in transitional living facility program that teaches independent living skills (i.e. budgeting, cooking, job seeking skills, managing personal relationships, etc.) to adolescents “aging out” of foster care (and any adolescents needing guidance in these areas).

Ph. (920)924-2420. Website: www.fdlco.wi.gov.

School: Individual Education Plan (IEP) - a process consisting of extensive evaluation, data collection, and sharing to determine the existence of a disability that impacts the academic, social, or emotional success of a student. The process also determines if placement in a Special Education program is warranted. Contact any school with concerns or the Pupil Services Dept. Ph. (920)929-2791.

“Fondy Central”: an alternative school for “at risk” high school students. Contact Fond du Lac High Guidance Dept. Ph. (920)906-6771 or Administration Ph. (920)929-2740).

Intensive Outpatient Counseling: individual, family, and group therapy facilitated by community mental health providers (go to www.csifdl.org or the Yellow Pages under “Counseling” for contact information).

Safety Plan: an agreement among a child in crisis and family members, service providers, and possibly other key people in the child’s life to keep them safe. Contact community mental health providers at www.csifdl.org or in the Yellow Pages under “Counseling.”

ASTOP Counseling Services: individual and family counseling, as well as support groups for sexual assault survivors. Ph. (920)926-5395; 24-hr. crisis line: (920)921-7657. Website: www.astop.org.

School: Special Education Support – if the IEP Team determines that a disability exists and subsequently, that there is a need for special programming, then placement will occur in the appropriate program(s) with parent permission (i.e. emotional behavioral disability, learning disability, etc.). Contact child’s school for information or the Pupil Services Dept. Ph. (920)929-2791.

Website: www.fonddulac.k12.wi.us.

Crisis Hotline: Girls and Boys Town National Hotline 1-800-448-3000; call with any problem, anytime.

Medication Intervention: psychotropic medications may be prescribed by a psychiatrist or primary care physician for various mental health conditions. Contact your doctor, Yellow Pages under “Physicians.”

Voluntary Outpatient Alcohol and Other Drug Abuse (AODA) Services: Alcohol & Drug Abuse Resource Center (ADARC): prevention education (classroom presentations), information, referral, and counseling.

Ph. (920)924-5222.

Dept. of Community Programs (DCP): individual and family AODA counseling (ages 12+); pre-adolescent group for children ages 5-11 with a concern about a family member’s AODA. Ph. (920)929-3565. Website: www.fdlco.wi.gov.

Agnesian HealthCare: outpatient adolescent substance abuse program.

Ph. (920)926-4200. Website: www.agnesian.com.

Other substance abuse counselors; check Yellow Pages under “Alcoholism Information and Treatment Centers.”

Dept. of Social Services (DSS): Coordinated Family Services Program (CFSP): serves children with severe emotional disabilities through a collaborative, family-centered team approach involving parents, school personnel, service providers, and other natural supports in the life of that child; by referral only.

Ph. (920)929-3466. Website: www.fdlco.gov.

School: placement of a student with an emotional behavioral disability (EBD) in a self-contained classroom within the Special Education Program. Contact the Fond du lac School District Pupil Services Dept. Ph. (920)929-2791.

Elmwood School: an alternative school for Special Education students in grades 1-8 whose behavior is such that they cannot successfully function in the regular school environment. Placement is through student's home school district special education program and CESA #6 (Ph. 920-233-2372).

Dept. of Social Services (DSS): services which may be court-ordered or offered on a voluntary basis to assist families in parenting and providing a safe, nurturing, and stable home environment (i.e. CHIPS disposition, inhome parent training, intensive inhome therapy, etc.). Ph. (920)929-3400; Website: www.fdlco.wi.gov.

Juvenile Court Services: provides for screening and disposition of referrals to Juvenile Court Intake and authorization of temporary physical custody placements; provides supervision services to youth who are placed on informal or formal court-ordered supervision; develops a plan to prevent repeat offences, hold the youth accountable for their actions, and develop personal competencies. Ph. (920)929-3078. Website: www.fdlco.wi.gov.

Shelter Care: provides short-term residential care to juvenile offenders, delinquent youth, and victims of child abuse/neglect (ages 10 through 17). Ph. (920)929-3400. Website: www.fdlco.wi.gov.

Involuntary Outpatient Alcohol and Other Drug Abuse (AODA) Services: court-ordered assessment can be conducted by: Alcohol & Drug Abuse Resource Center (ADARC); also receives referrals from Juvenile Court Services. Ph. (920)924-5222.

Dept. of Community Programs (DCP) AODA Services: in addition to AODA assessments, is the only county agency that conducts Operating While Intoxicated (OWI) assessments. Ph. (920)929-3565. Website: www.fdlco.wi.gov.

Agnesian HealthCare: outpatient adolescent substance abuse program. Ph. (920)926-4200. Website: www.agnesian.com.

Other substance abuse counselors; check Yellow Pages under "Alcoholism Information and Treatment Centers."

Respite Care: Adult Care Consultants can provide respite for family members with mental health concerns on an hourly basis.

Ph. (920)921-7723. Website: www.adultcareconsultants.com.

Community Alternatives: can provide short-term care in the child's home; referrals through the Dept. of Social Services.

Ph. (920)923-1155. Website: www.fdlco.wi.gov.

Law Enforcement Involvement: FDL City Police or FDL Co. Sheriff's Dept. involvement due to infractions of the law.

Police Crisis Intervention Team (CIT): specialized police training to assist officers to effectively de-escalate crisis situations involving individuals with mental health, AODA, and other behavioral concerns.

City Police: Non-emergency Ph. (920)906-5555. Website: www.fdlpolice.com. Police Chaplain is on call.

Sheriff's Dept.: Non-emerg. Ph. (920)929-3391. Website: www.fdlsheriff.com.

Day Treatment: daily, non-residential programming and treatment for children and adolescents with mental health concerns that may involve individual and group therapy, some schooling, and transition planning. Currently not available in FDL Co. Contact Northwest Day Treatment Programs, Green Bay. Ph. (920) 437-4024. Options Treatment Program for adolescents with mental health and/or AODA concerns offers individual and group counseling in Appleton. Ph. (920) 735-9010.

LEVEL 6 –More Intensive and/or Involuntary Intervention Services

Law Enforcement Involvement: Chapter 51 Emergency Detention – a law enforcement officer takes a child into custody because their recent actions pose a significant risk of harm to themselves or others; they may remain under the emergency detention for up to 72 hours during which time they are assessed at a mental health facility. Call 911.

Dept. of Social Services (DSS): Foster Care: typically court-ordered out-of-home placements in foster homes due to serious safety and maltreatment concerns. Ph. (920)929-3400.

Relative Placement: an out-of-home placement with a “fit and willing” relative due to serious safety and maltreatment concerns. Ph. (920)929-3400.

Hospital Emergency Room Visit: Agnesian HealthCare. Ph. (920)926-4600.
Website: www.agnesian.com.

LEVEL 7 – Out of Home Placement & Emergency Medical

Residential Treatment: intensive psychiatric treatment facility for children/adolescents with mental health/behavioral diagnoses (i.e. Eau Claire Academy, Raw Hide, etc.); may be court-ordered or through private arrangements made by parents. Contact Dept. of Social Services Access Unit or Resource Unit for information. Ph. (920)929-3400. Website: www.fdlco.wi.gov.

Inpatient Hospital: residential hospital setting for the intensive treatment of mental health diagnoses in children and adolescents who are deemed a danger to themselves or others (i.e. Winnebago, Mendota, St. Elizabeth's, Rogers Memorial, etc.); Chapter 51 emergency detention placements are at Winnebago and Mendota. Contact the Dept. of Community Programs regarding Chapter 51 detentions. Ph. (920)929-3565. Website: www.fdlco.wi.gov.

Dual Diagnosis Inpatient Hospital Program: Anchorage Program at Winnebago Mental Health Institute for adolescents with severe alcohol/chemical dependency and mental health concerns. Referrals through the Department of Community Programs. Ph. (920)929-3565. Website: www.fdlco.wi.gov.

LEVEL 8 – Intensive Residential Treatment Services