



Building Self Healing Communities

ACE Attributable Outcomes

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| <p>Risk</p> <ul style="list-style-type: none"> Smoking Heavy drinking Obesity Risk of AIDS Taking painkillers for high Obesity | <p>Disease</p> <ul style="list-style-type: none"> Cardiovascular Cancer Asthma Diabetes Auto immune COPD Ischemic heart disease Liver disease | <p>Poor Mental Health</p> <ul style="list-style-type: none"> Frequent mental distress Sleep disturbances Nervousness MH problem requiring medication Emotional problems restrict activities Serious & persistent mental illness |
| <p>Health & Social Problems</p> <ul style="list-style-type: none"> Fair or poor health Life dissatisfaction Health-related limits to quality of life Disability that impedes daily functioning Don't complete secondary education Unemployment History of adult homelessness | <p>Intergenerational ACE Transmission</p> <ul style="list-style-type: none"> Mental Illness Drugs or Alcohol Problem Multiple divorces, separations Victim of family violence Adult incarceration | |

Population Risk Attributable to ACEs

