



YScreen is the emotional health screen offered to all 9th grade students at the high schools in Fond du Lac County to identify risk factors for depression, anxiety and suicide.

October 2016

The Relationship Between Mental Health & Academics

According to the Substance Abuse and Mental Health Administration (SAMSHA) in 2012, 5 to 9 percent of children aged 9 to 17 experience a serious emotional disturbance in any given year that affects their ability to function at home, in school or in the community. Children's emotional and mental health plays a large role in how well a child succeeds in school or does not succeed in school.

Mental health disorders include but are not limited to ADHD, anxiety disorders, depression, bipolar disorder, disordered eating and substance abuse. Furthermore, stress and psychological experiences like divorce, grief and loss, violence, child abuse, natural disasters and military deployments can also impact a child's academic performance.

Fond du Lac County: ALCOHOL, TOBACCO AND OTHER DRUG AND HEALTH EXPERIENCE AND ATTITUDES JULY 2016

- In 2016, 22% of 8th, 10th and 11th grade students reported feeling sad, blue or depressed always or nearly always
- In 2016, 17% seriously considered suicide in the past year
- In 2016, 8% attempted suicide in the past year

YScreen can help identify signs of stress and anxiety that may impact a student's academics. YScreen staff can also help connect teens and their families to the appropriate community resources that can address these concerns and help them cope. YScreen is available to teens in Fond du Lac County. If you would like to request screening for your child or would like more information about YScreen, please contact us at **(920) 906-6700 ext. 4714**.

The Fond du Lac Area YScreen Program is administered through Fond du Lac School District with guidance from the YScreen Advisory Board. The Fond du Lac Area YScreen program is proud to be supported in part by the Fond du Lac Area United Way and Agnesian HealthCare.