

SUICIDE CARE TRAINING OPTIONS

SUICIDE RISK DETECTION AND REFERRAL (PAGE 1 OF 2)

TRAINING NAME (Organization) Website	LENGTH & FORMAT	PROGRAM HIGHLIGHTS
Applied Suicide Intervention Skills Training (ASIST) (LivingWorks) www.livingworks.net/programs/asist	2 days (14 hours) In person	<ul style="list-style-type: none">• Workshop emphasizes teaching suicide first aid to help a person at risk stay safe and seek further help as needed• Standardized, customizable, and delivered by two trainers
Connect Suicide Prevention/Intervention Training (National Alliance on Mental Illness: New Hampshire) www.theconnectprogram.org	1- to 4-hour options In person	<ul style="list-style-type: none">• Training uses the socio-ecological model• Examines suicide prevention and intervention in the context of the individual, family, community, tribe (if applicable), and society

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<p>Question, Persuade, Refer: Gatekeeper Training for Suicide Prevention (QPR Institute) www.qprinstitute.com</p>	<p>1 to 2 hours In person or online</p>	<ul style="list-style-type: none"> • Teaches lay and professional gatekeepers to recognize and respond positively to someone exhibiting suicide warning signs and behaviors
<p>Suicide Alertness for Everyone – Tell, Ask, Listen and KeepSafe (safeTALK) (LivingWorks) www.livingworks.net/programs/safetalk</p>	<p>3.5 hours In person</p>	<ul style="list-style-type: none"> • Training for individuals age 15 and over • Prepares participants to identify individuals with thoughts of suicide and to connect them to suicide first-aid resources and intervention caregivers



TARGETED SUICIDE PREVENTION INTERVENTIONS (PAGE 1 OF 2)

<p>TRAINING NAME (Organization) Website</p>	<p>LENGTH & FORMAT</p>	<p>PROGRAM HIGHLIGHTS</p>
<p>Assessment of Suicidal Risk Using the Columbia Suicide Severity Rating Scale (C-SSRS) (NY State Office of Mental Health and Columbia University) http://zerosuicide.sprc.org/sites/zerosuicide.sprc.org/files/cssrs_web/course.htm</p>	<p>45 minutes Online, self-paced</p>	<ul style="list-style-type: none"> • Teaches how the C-SSRS is structured and how to administer the brief screening and full versions • Videos show how to use the scale’s Suicidal Ideation and Suicidal Behavior sections in client interviews
<p>Safety Planning Intervention for Suicide Prevention (NY State Office of Mental Health and Columbia University) http://zerosuicide.sprc.org/sites/zerosuicide.sprc.org/files/sp/course.htm</p>	<p>45 minutes Online, self-paced</p>	<ul style="list-style-type: none"> • Guides participants in developing a safety plan in collaboration with clients or patients who are at high risk for suicide • Video examples show Barbara Stanley, PhD, a lead developer of the Safety Planning intervention, working to develop a safety plan with a client



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<p>Structured Follow-Up and Monitoring for Suicidal Individuals (NY State Office of Mental Health and Columbia University) http://zerosuicide.sprc.org/sites/zerosuicide.sprc.org/files/monitor_suicidal_individuals/course.htm</p>	<p>45 minutes Online, self-paced</p>	<ul style="list-style-type: none"> • Describes what structured follow-up and monitoring is and how it can help suicidal individuals • Participants learn how to provide structured follow-up and monitoring for individuals after a crisis -- during the time of transition from an emergency visit, when there is increased suicide ideation, or after a suicide attempt

CLINICAL ASSESSMENT & MANAGEMENT OF SUICIDE RISK (PAGE 1 OF 6)

<p>TRAINING NAME (Organization) Website</p>	<p>LENGTH & FORMAT</p>	<p>PROGRAM HIGHLIGHTS</p>
<p>Assessing & Managing Suicide Risk (AMSR) (Suicide Prevention Resource Center) www.sprc.org/training-institute/amr</p>	<p>1 day In person</p>	<ul style="list-style-type: none"> • Research-informed workshop • Focuses on 24 core competencies clinicians need to be successful in working with suicidal clients • Uses a mix of lecture, discussion, case review, video demonstrations, and written and paired practice exercises
<p>At-Risk in the ED (Kognito) https://www.kognito.com/products/er/about/</p>	<p>1.5 hours Online, self-paced</p>	<ul style="list-style-type: none"> • Training simulation structured around a series of clinical scenarios where users engage in role-play practice conversations with virtual patients • Designed to prepare emergency department personnel to: Screen patients for mental health and substance abuse disorders, including suicide risk; perform brief interventions; refer patients to treatment



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<p>At-Risk in Primary Care (Kognito) https://www.kognito.com/products/pcp/</p>	<p>1 hour Online, self-paced</p>	<ul style="list-style-type: none"> • Training simulation structured around a series of clinical scenarios where users engage in role-play practice conversations with virtual patients • Designed to prepare primary care personnel to: Screen patients for mental health and substance abuse disorders, including suicide risk; perform brief interventions; refer patients to treatment
<p>Commitment to Living (Anthony Pisani, PhD) http://commitmenttoliving.com</p>	<p>3 hours In person</p>	<ul style="list-style-type: none"> • Workshop teaches a practical and compassionate approach for responding to suicide risk • Covers core competencies in suicide risk assessment, documentation, and decision making

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<p>Counseling on Access to Lethal Means (CALM) (Suicide Prevention Resource Center) http://www.sprc.org/resources-programs/calm-counseling-access-lethal-means</p>	<p>1.5–2 hours Online</p>	<ul style="list-style-type: none"> • Workshop covers why reducing access to lethal means of self-harm saves lives • Teaches practical skills on when and how to ask suicidal clients about their access to lethal means and how to work with them and their families to reduce that access
<p>Chronological Assessment of Suicide Events (CASE) (Shawn Shea, PhD) http://www.suicideassessment.com/pdfs/CASEFull-dayPodFlyerShea2011Level1.pdf</p>	<p>6.5 hours In person</p>	<ul style="list-style-type: none"> • Experiential workshop, with attendance limited to 28 • Uses scripted group role-playing to teach the CASE Approach • Participants practice a specific interviewing strategy in groups of 4 to uncover suicidal ideation, behaviors, planning, and intent

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Collaborative Assessment and Management of Suicidality (CAMS) http://cams-care.com/training	Varies In person, role-play, or consultation calls	<ul style="list-style-type: none"> • Teaches the Collaborative Assessment and Management of Suicidality (CAMS), an evidence-based, therapeutic framework emphasizing collaborative assessment and treatment planning. • There are various CAMS training options to meet the needs and expectations of a wide range of clinicians and systems of care.
QPRT and QPRT for Nurses (QPR Institute) www.qprinstitute.com	7–12 hours In person, online, or blended	<ul style="list-style-type: none"> • Training pairs foundational lectures with practice interviews • Participants practice conducting standardized, seven-step, suicide risk assessment interviews • Designed to teach clinicians how to develop and implement crisis, safety, and treatment plans



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<p>Recognizing & Responding to Suicide Risk in Primary Care (American Association of Suicidology) http://www.suicidology.org/training-accreditation/rrsr-pc</p>	<p>1 hour Online, self-paced</p>	<ul style="list-style-type: none"> • Designed for physicians, nurses/nurse Practitioners, and physician assistants • Participants learn how to integrate suicide risk assessments into routine office visits, to formulate relative risk, and to work collaboratively with patients to create treatment plans • Includes a pocket assessment tool and reproducible patient handouts
<p>Recognizing & Responding to Suicide Risk (American Association of Suicidology) http://www.suicidology.org/training-accreditation/rrsr</p>	<p>2 days In person</p>	<ul style="list-style-type: none"> • Advanced, interactive training • Designed for mental health clinicians who want to acquire skills in 24 core clinical competencies for working with suicidal clients • Attendance limited to 50 participants



TRAINING NAME (Organization) Website	LENGTH & FORMAT	PROGRAM HIGHLIGHTS
<p>Suicide to Hope: A Recovery and Growth Workshop (LivingWorks) www.livingworks.net</p>	<p>8 hours, including lunch In person</p>	<ul style="list-style-type: none"> • Workshop provides tools to help professional caregivers and individuals with experiences of suicide work together to develop recovery goals. • Competencies and skills focus on structuring and managing work with an individual recently at risk of suicide and/or coordinating that work with other caregivers.
<p>Unlocking Suicidal Secrets: New Thoughts on Old Problems in Suicide Prevention (Shawn Shea, PhD) http://www.suicideassessment.com/pdfs/SheaDay1FlyerMatrix_Risk_Veracity_CASE2011.pdf</p>	<p>6.5 hours, shortened by request In person</p>	<ul style="list-style-type: none"> • Didactic workshop covering suicide assessment, including: the CASE approach; prevention; documentation of risk; treatment planning; and building resiliency • Uses lecture, video demonstrations, and Q&As • Can be taken alone or followed by Chronological Assessment of Suicide Events (CASE)