

Fond du Lac Behavioral Health and Community Resource Guide



*Fond du Lac School District
Revised November 2012*

Acknowledgements

Thank you to the following local agencies to which this resource booklet has been developed:

Fond du Lac School District
Fond du Lac Area TeenScreen

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Fond du Lac Area United Way
Fond du Lac School District

Safe Schools Healthy Students Grant Initiative through SAMHSA,
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Introduction

This manual of community services and agencies was developed in collaboration with Fond du Lac School District and the University of Wisconsin Oshkosh Department of Professional Counseling, as part of the TeenScreen Program. This manual will serve as a resource designed to enhance the ability of school district staff to positively address the identified needs of students and their families while linking them to the appropriate community resources.

Materials contained within can be copied and distributed to school staff, parents and others as deemed appropriate with credit given to the Fond du Lac Area TeenScreen program.

All efforts have been made to provide a complete list of services with accurate information.

Public Safety Information

Non-Emergency Numbers

Fire Department

Fond du Lac (920) 929-3235

Law Enforcement

Fond du Lac (920) 929-3211

Fond du Lac County (920) 929-3391

Police Dispatch (920) 906-5555

Ambulance

Fond du Lac (920) 929-3211

Fond du Lac County (920) 929-3391

Public Safety Numbers

Poison Control Center (800) 222-1222

Arson Hotline (800) 362-3005

FBI – Milwaukee (414) 276-4686

Fond du Lac County Emergency Government (920) 929-2911

Fond du Lac County Sheriff (920) 929-3391

State Patrol (920) 929-3700

Adult Care Consultants, Inc.

21 E. 2nd St., Suite 102
Fond du Lac, WI 54935
Phone: (920) 921-7723
Fax: (920) 921-7986

Website: www.adultcareconsultants.com

Bev Gudex, Director/Co-owner

Services: Adult Care Consultants provide care management services, forensic case management services, contract case management, and home care services. Care management services are designed to help individuals and family members find the services they need to remain living independently in their own homes. Initial consultation has no fee; services thereafter are billed monthly at an hourly rate.

Our trained staff provides services tailored to client needs, including cleaning, companionship, grocery shopping, etc. Care is available 24 hours per day, 7 days per week. Our staff will help design a schedule that fits client needs and lifestyle.

ADVOCAP

Fond du Lac Office
19 West First St.
P.O. Box 1108
Fond du Lac, WI 54936-1108
Phone: (920) 922-7760 or (800) 631-7760
Fax: (920) 922-7214
Website: <http://www.advocap.org/>

- **Affordable Housing**

Contact: Lu Scheer – (920) 922-7760

Services: Providing safe, decent and affordable housing for low and moderate income households, through rental units, home buyer education and down payment assistance, homeowner rehab loans, and Wisconsin Fresh Start.

Website: <http://www.advocap.org/ah.html>

- **Business Development**

Contact: Kathy Doyle – (920) 922-7760

Services: The goal of the Business Development Program is to provide entrepreneurs with tools to insure their small business is successful. They receive counseling and support in the following areas: business and financial plan development, marketing plan development and implementation, employee recruitment assistance, managerial evaluation, small business loans and rural development loans.

Website: <http://www.advocap.org/bd.html>

- **Employment & Training**

Contact: Brian Jacobson – (920) 426-0150

Services: Develops options for integrated employment and the supports necessary for persons with disabilities or other employment obstacles to acquire training and meaningful employment.

Website: <http://www.advocap.org/et.html>

- **Head Start**

Contact: Betty Clausen – (920) 922-7760

Services: ADVOCAP Head Start is a family focused child development program that provides a variety of learning experiences to children from low income families. Head Start includes services for children with disabilities. The goal of Head Start is to prepare three to five-year-old children to be successful in elementary school and in all of life's experiences.

Website: <http://www.advocap.org/hs.html>

Affiliated Counseling Center

17 Forest Ave

Fond du Lac, WI 54935

Phone: (920) 922-7440

Fax: (920) 887-3977

Email: billing@affiliatedcounseling.net

Services: Therapists can see client within a week and has a pager for emergencies.

Payments: Affiliated Counseling Center does accept medical assistance and does accept self pay at a reduced rate.

Therapists:

- Carla Cartwright, SAC, SAP – Alcohol and other drug issues
- Sandy Schwefel Massie, RN MSW – Grief, children, marriage, and trauma

Affinity Behavioral Health Services

515 S. Washburn St., #104

Oshkosh, WI 54901

Phone: (920) 236-8570

Fax: (920) 236-8591

Website: www.affinityhealth.org

Services: Outpatient services for adolescents and adults including assessments, group and individual counseling, and dual diagnosis services.

Agnesian HealthCare

430 E. Division St.
Fond du Lac, WI 54935
Phone: (920) 929-2300 or (800) 922-3400
Website: www.agnesian.com

- **Agnesian Work & Wellness Employee Assistance Program**

56 Camelot Dr.
Fond du Lac, WI 54935
Phone: (920) 924-0614 or (800) 458-8183
Fax: (920) 924-0615
Website: <http://www.agnesian.com/services/services/work-wellness>

Services: The Employee Assistance Program (EAP) is a free and confidential service designed to help you and your household members resolve personal and work-related concerns that may be affecting your job performance and/or personal life. Counseling limited to employer contracts – call for eligibility

Providers:

- Terra Braatz, M.S.E
- Gregg Brewer, M.S.
- Pauline Runge, M.S.

- **Behavioral Health Services**

430 E. Division St.
Fond du Lac, WI 54935
Phone: (920) 926-4200
Fax: (920) 926-8933
Website: <http://www.agnesian.com/services/services/behavioral-health>

Services: **Inpatient Addiction Services (920) 926-4290**
A team consisting of an addictionologist, behavioral health nurse, AODA counselors, and family and activity therapists provide detoxification and residential treatment services for adults. Psychiatric consultation is readily available from staff. To treat patients, an individual plan is developed based on a complete physical and addictive medicine evaluation. The treatment plan may include:

- Individual sessions with AODA counselors
- Group therapy
- Family assessment, education and support
- Discharge planning
- Nutritional assessment
- Patient education classes
- Community meetings
- Therapeutic activity therapy

- Medication education
- Psychological assessment and psychotherapy
- 12-step support group meeting attendance

Inpatient Mental Health (920) 926-4290

Crisis observation, short-term care and acute psychiatric care are provided for adults and adolescents (age 17 and older). The Inpatient Mental Health Unit at St. Agnes Hospital includes semi-private rooms, several large group therapy rooms, a community patient lounge, dining area, recreation and exercise area, library and private consultation rooms. The unit is locked to best meet the safety and security needs of our patients and staff.

Outpatient Mental Health Services (920) 926-4200

Psychiatrists, psychologists, neuropsychologists and therapists provide individual evaluation and therapy to people whose behavior, thoughts and feelings have become disruptive to functioning normally.

Individual therapy is available for:

- Depression
- Adjustment to life trauma
- Anxiety and stress management
- Health issues related to headaches and chronic pain
- Anger management
- Child, adolescent and adult behavioral disorders
- Academic difficulties
- Relationship issues
- Specific group therapies

Outpatient Addiction Services (920) 926-4200

Individual evaluations, specific programming, individual therapy and group therapy are available for any adolescent or adult with a demonstrated need for addiction services. An addictionologist, family counselor and AODA counselors provide a full continuum of care to patients, including working with family and friends and utilizing a wide range of community resources.

Specific Programs Include:

- Day treatment
- Intensive outpatient treatment
- Relapse prevention group
- Family treatment
- Adolescent substance abuse program
- Dual diagnosis treatment

- **Community Care Fund**

430 E. Division St.
Fond du Lac, WI 54935
Phone: (920) 926-4455
Fax: (920) 926-8874

Services: Community Care Fund provides assistance for people who already have medical bills and are struggling to pay for services already rendered.

Eligibility: Level is 165% of the federal poverty level as net income

- **Grief Relief Agnesian Healthcare Regional West**

912 S. Hickory St.
Fond du Lac, WI 54935
Phone: (920) 924-4660

Services: Grief Relief offers peer support groups for children, teens, young adults and their families who are grieving the death of a significant person in their lives.

Fee: Free to the public

- **Journeys: a health resource center**

St. Agnes Hospital
430 E. Division St.
Fond du Lac, WI 54935
Phone: (920) 926-4960
Website: <http://www.agnesian.com/services/services/journeys-a-health-resource-center>

Services: Offers a quiet, reflective and comfortable education environment for individuals who want to learn more about various health topics, support groups or classes. For meetings dates and times visit the website or call the phone number listed above.

Family Addiction Educational Program

Designed to educate family members, significant others, and friends who have someone either active in addiction or early in the recovery process. Through education and guidance, participants learn they are unable to control their loved one's addiction, however, those wishing to be supportive can learn to take responsibility for their own health and happiness.

Eligibility: 16 years of age or older and willing to commit to attending for four consecutive weeks.

Fee: \$40 per person for entire four-week session paid prior to first group session.

Meeting time: Tuesdays 4:30pm-6:00pm

Meeting location: St Agnes Hospital's Outpatient Behavioral Health Services Department (Fifth floor, Diagnostic & Treatment Center)

- **RTS Bereavement Services**

St. Agnes Hospital Maternity Services

Phone: (920) 926-4851

Contact: John Fuchs

Services: Provides emotional support to those who have experienced miscarriage, stillbirth, newborn death or tubal pregnancy. There is also a support group held every third Monday of each month at 7:00 PM

Hours: 8:00 - 4:30 Monday – Friday

- **Ripon Clinic**

790 Eastgate Drive

Ripon, WI 54971

Phone: (920) 926-4200

Fax: (920) 926-8933

- **Samaritan Health Clinic**

First Floor – St. Agnes Hospital

430 E. Division St.

Fond du Lac, WI 54935

Phone: (920) 926-4841

Fax: (920) 926-8874

Services: Free basic medical, emergency dental and basic vision care for patients who do not have insurance or medical assistance

Fee: None for individuals 165% or below poverty guidelines. There is a \$5 co-pay for medications. (It is recommended for clients to apply for Badgercare health insurance as an initial resource.)

Hours: 9:00 – 4:00, Monday – Friday

- **Waupun Clinic**

608 West Brown Street

Phone: (920) 324-6800

Fax: (920)-324-9765

- **Waupun Memorial Hospital**

620 West Brown Street

Waupun, WI 53963

Phone: (920) 324-5581

Al-Anon and Alateen

National Website: <http://www.al-anon.alateen.org/>

Local Website: <http://www.area61afg.org/>

List of Local Meetings: <http://www.area61afg.org/FondDuLac.html>

Services: To help families and friends of alcoholics recover from the effects of living with the problem drinking of a relative or friend. Similarly, Alateen is our recovery program for young people. Alateen groups are sponsored by Al-Anon members.

Our program of recovery is adapted from Alcoholics Anonymous and is based upon the Twelve Steps, Twelve Traditions, and Twelve Concepts of Service.

Eligibility: The only requirement for membership is that there be a problem of alcoholism in a relative or friend. To find a meeting near you, visit the local listings website listed above.

Alcoholics Anonymous

- **Hotline General Office**

280 N. Main St.

Fond du Lac, WI 54935

Phone: (920) 922-7512

Email: central@winnebagolandco.com

National Website: www.aa.org

Local Website: <http://www.winnebagolandco.com/Welcome.php>

List of local meetings: <http://www.area75.org/meetings.html?dist=25>

Hours: Monday – Friday: 8:00am – 5:00pm

Services: 24-Hour Hotline Services, complete listing of local AA meetings, free literature that can be picked up. Books, pins, etc. available for sale.

- **Gratitude Club**

295 Ruggles St.

Fond du Lac, WI 54935

Phone: (920) 921-0143

Website: <http://www.area75.org/meetings.html?dist=25>

Services: Provide support for people with alcohol, narcotics, and other drug problems and their families.

American Red Cross

272 N. Main St.
Fond du Lac, WI 54935-2349
Phone: (920) 922-3450
Fax: (920) 922-3225
Website: www.redcross.org

Services: CPR, AED (Automated External Defibrillator) and First Aid classes, babysitting classes for children 11 or older, disaster services, motel vouchers for victims of fire or other disasters. Also offered are HIV/AIDS education, life guarding classes, services for the members of the Armed Forces, and blood drives. Courses are offered to individuals and workplaces.

ARC Community Services

2001 West Beltline Highway, Suite 102
Madison, WI 53713-2366
Phone: (608) 278-2300
Fax: (608) 278-2313
Website: <http://www.arccommserv.com/>

- **Halfway House**

Fond du Lac, WI
Phone: (920) 907-0460

Services: This program provides a 12 bed, community-based facility for adult female offenders with a 90-day length of stay. It serves as an alternative for women at risk of incarceration, as well as, a transitional living placement to assist women with community reintegration.

Arc of Fond du Lac

500 North Park Ave
Fond du Lac, WI 54935
Phone: (920) 923-3810
Fax: (920) 923-3038
Executive Director: David Boelter
Local Website: www.arcfdl.org
State Website: www.arc-wisconsin.org

Services: Programs offered for individuals with developmental disabilities. Adult Social Development, Youth Social Development and summer program, Special Olympics, Vacation Opportunities (18 and over), Residential and Independent Living Services, and Opportunity Center.

Age Group: 8 years of age and older.

Hours: Monday – Friday: 8:00am – 4:30pm

Associated Counseling and Recovery Center

551 W. Johnson St.

Fond du Lac, WI 54935

Phone: (920) 907-0097

Fax: (920) 907-0109

Website: <http://www.forhealingandgrowth.com/>

Contact: Michelle Huffman-Lueck, Office Manager

James Pollard, Business Manager

Providers:

- Judy Pollard, MSW, LCSW – behavioral/academic issues, relationship issues, abuse/trauma victims, health issues, obsessive-compulsive disorder, codependency issues, addictive behaviors, women’s issues, depression, anxiety, eating disorders, panic disorders and extended/blended family issues.
- Kathleen Ross, MSW, LCSW, CSAC – addictions, grief, parenting, relationships, ADHD, anxiety and depression.
- Avis Sierra, MS, LPC - anxiety, depression, grief, ADD/ADHD, anger management, eating disorders, marriage and family issues, survivors of violence, divorce, blended family and end of life needs.
- Peter Baertschy, LSCW, SAC – addiction, depression, anger management, obsessive-compulsive disorder, general anxiety, couple relationships and posttraumatic stress syndrome.
- Lyndon K. Steinhaus, M.D. - child, adolescent, and adult psychiatrist

Payment: Most Insurance, Medical Assistance, Sliding Fee Scale

ASTOP (Assist Survivors/Treatment/Outreach/Prevention)

St. Agnes Hospital

430 E. Division St.

Fond du Lac, WI 54935

Crisis Line: (920) 921-7657 or (800) 418-0270

Office Phone: (920) 926-5395

Linda Selk-Yergers, Director

Phone: (920) 926-5393

Website: <http://www.astop.org/>

Services: Confidential individual and family short-term therapy with qualified staff for survivors of sexual abuse. Support and therapy groups are offered for adolescent and adult incest survivors. Referrals are made to other agencies when appropriate. Protective behavior prevention programs are available as well as medical and legal advocacy education and awareness programs.

Fee: Free.

Hours: Monday – Friday 8:00 – 4:30

Aurora Behavioral Health Services

210 Wisconsin American Dr (Hwy 23 East)
Fond du Lac, WI 54935
Phone: (920) 907-4800 or (877) 666-7223
Fax: (920) 907-4801
Website: <http://www.aurorahealthcare.org/>

Services: Providing individual, couples, and family therapy services to all age groups.

Providers:

- Karin Suesser, PhD
- Gregory Henderson, LCSW
- Stephanie Owen, LPC

Berry House

178 6th Street
Fond du Lac, WI 54935
Phone: (920) 922-8580

Services: Berry House is the entry point for any person with a mental illness, at least 18 years of age, ambulatory, free from communicable disease and capable of self-care. Berry House is an eight bed, co-ed state licensed CBRF with 24-hour staff. This group home setting offers an opportunity to learn a variety of skills, both interpersonal and activities of daily living.

Payment: Funded by community programs, public funding, probation and private pay.

Bethany Christian Services

101 Wisconsin Drive
Fond du Lac, WI 54937
Phone: (920) 923-6577
Fax: (920) 923-3001
Jamie Gyr, Pregnancy Counselor

Services: Pregnancy and birth parent counseling, foster care, post-adoption services, embryo donation, home studies for adoption services, and international services.

Big Brothers/Big Sisters of Fond du Lac County, Inc.

448 S. Military Rd.
Fond du Lac, WI 54935
Phone: (920) 922-8200
Fax: (920) 922-7696
Tiffany Heim, Program Director
Email: theim@bbbsfdl.org
Kay Vandervort, Director
Email: director@bbbsfdl.org
Website: <http://www.bbbsfdl.org/>

Services: Big Brothers/Big Sisters is a non-profit preventative service agency that provides one-on-one companionship between a mature adult role model and a child from a single parent family. These relationships assist children in social, emotional and character development.

Eligibility: Boys and girls, ages 6-14 living with a single parent who are interested in adult companionship are able to sign up for the program.

Birth to 3

459 E. 1st Street
Fond du Lac, WI 54935
Phone: (920) 929-3919 (Referral Line)
Fax: (920) 929-7511
Diane Fett, Director
Email: diane.fett@fdlco.wi.gov

Services: The Fond du Lac County Birth to 3 Program provides services to promote the development of children under three years of age. Eligibility is based on a significant delay in development, a diagnosed condition likely to lead to delay, or atypical development. Participating families work with a team of specialists to develop an Individual Family Service Plan. Services are provided in the child's home, community, or child care setting. For more information, or to make a referral, please call the Fond du Lac County Children's Referral Line at 920-929-3919.

Blandine House

25 N. Park Avenue
Fond du Lac, WI 54935
Peter Baertschy, Director
Phone: (920) 922-9487
Fax: (920) 922-9184
Website: <http://www.blandinehouse.org/>

Hours: 24 Hours per Day
Services: The organization is an AODA residential treatment facility.
Eligibility: Adult Males who have completed detoxification
Fee: \$78 per day, however many costs are supported by the county. Also take insurance, private pay, and tribal government.

Boys and Girls Club

76 W. 2nd St
Fond du Lac, WI 54935
Karissa Schneider, Director of Operations
Phone: (920) 924-0530
Fax: (920) 926-7652
National Website: <http://www.bgca.org/>
Local Website: <http://www.kidsclubfdl.org/>

Services: The Club is a center for children ages 6-18 for after school hours. During the summer the program offers full day services with free hot lunch.
Fee: School year: \$50 per student
\$100 maximum per family
Summer: \$150 per student
\$400 maximum per family
Scholarships are available.
Program Sites: 1st grade - 5th grade: Cegwin, Pier, Johnsonville Club
6th grade - High School: Teen Center located in the Johnsonville Club

Brooke Industries, Inc.

1257 Industrial Pkwy
 Fond du Lac, WI 54935
 Phone: (920) 924-3020
 Fax (920)924-3039
 David Thornburg, Contact
 Website: <http://www.brooke.org/>

Services: Company provides vocational counseling, remedial education, job coaching and case management. Also available are evaluation programs, vocational skills, work development, work adjustment training, placement and supported employment

Hours: 8:00 - 4:00, Monday - Friday

Eligibility: Participants must be 16 years of age with a diagnosed disability and/or vocationally handicapped. Participants must not be a danger to themselves or others and eligible for self/third-party funding.

Catholic Charities Services

191 S. Main St.
 Fond du Lac, WI 54935
 Phone: (920) 923-2550
 Fax: (920) 458-5826
 Website: <http://www.catholiccharitiesusa.org/>
 Contact: Barb Drollinger

Services: Family, individual, and couple counseling.

Eligibility: Services are available to any resident of Fond du Lac or Dodge Counties, Catholic or Non-Catholic, regardless of religious denomination.

Hours: Open only on Thursdays

Fee: Certified Outpatient Mental Health Center (private insurance and sliding fee scale), Medical Assistance (Badger Care) accepted

CESA 6

Conference Center:
 2300 State Hwy 44
 Oshkosh, WI 54903-2568
 Phone: (920) 233-2372
 Fax: (920) 424-3478
 Dr. Joan Wade, Agency Administrator
 Email: joanwade@cesa6.org
 Website: <http://www.cesa6.org/>

Administrative Office:
 2935 Universal Court
 Oshkosh, WI 54904
 Phone: (920) 233-2372
 Fax: (920) 236-0580

Services: Educational information about Attention Deficit Disorder, including diagnosis, treatment and behavioral management techniques. The Autism Effectiveness Academy (AEA), designed to address the challenges faced by districts in programming for students with autism spectrum disorders.

Hours: 7:30 - 4:00, Monday - Friday

Christian Family Counseling

- **Appleton Office**

1049 N. Lynndale Dr., Suite 1B
Appleton, WI 54914
Phone: (920) 731-9798 or (800) 282-0561
Fax: (920) 731-1097
Website: <http://www.wlcfs.org/>

- **Fond du Lac Office**

757 S. Main Street, Suite 8
Fond du Lac, WI 54935-5739
Phone: (920) 731-9798
Phone: (800) 282-0561
Fax: (920) 731-1097
Website: <http://www.wlcfs.org/>

Services: Christian Family Counseling, a division of Wisconsin Lutheran Child & Family Service, aspires to relieve suffering and promote healthy relationships through our counseling services. We offer individual, group, family, and couples/marital counseling.

Fond du Lac Providers:

- Sena Yerges – Available Friday evenings and Saturdays. Specializes in children and teens, family relationships, and missionary family support
- Marc Scherschel – Available Tuesdays. Specializes in child and adolescent behavioral disorders, parenting and family issues

Delta Center

196 E. Third St.
Fond du Lac, WI 54935
Phone: (920) 921-3343
Fax: (920) 921-0989
Website: <http://www.deltactr.com/>

Services: Therapy for adolescents, families, depression, anxiety, grief, loss, relationships, couples and individuals

Fee: Private Pay and Insurance accepted

Providers:

- David Witzius, MS, Ed., LPC - Grief, Depression, Anxiety, Stress, AODA
- Sharon Teschke, MSE, MSW, LCSW, LMFT - Anxiety, Depression, Sexual Abuse, Eating Disorders, Grief, Loss, AODA
- Aimee Meyer, MS, LPC - Adult anxiety, Depression, Grief & Loss, Stress

Disability Rights Wisconsin

131 W. Wilson St., Suite 700
Madison, WI 53703
Phone: (608) 267-0214 or (800) 928-8778
Fax: (608) 267-0368
Website: <http://www.disabilityrightswi.org/>

Services: Provides guidance, advice, investigation, negotiation and legal representation to consumers, their families and other advocates on a variety of rights issues, including veterans with disabilities. Examples of advocacy include: information and referral, self-advocacy, consultation and training, accompanying and in some cases representing individuals in negotiations and hearings, referral to legal assistance, assistance in obtaining support from legislators and other policy makers.

Eligibility: Children and adults with disabilities are eligible

Agnesian HealthCare – Doll and Associates

40 Camelot Dr.
Fond du Lac, WI 54935
Phone: (920) 907-8201
Fax: (920) 907-8209
Website: <http://www.dollandassociates.com/>

Providers:

- Matthew Doll, Ph.D., Psychologist - Young Children, Physical & Sexual Abuse, ADHD, affective disorders, Obsessive-Compulsive Disorder, phobias and childhood developmental delays
- Beth Rogers - Doll, Ph.D., Psychologist - Anxiety Disorders, Eating Disorders, Depression, Family Therapy
- Anne Brunette, MSW, Psychotherapist - Family Therapy, Depression, Anxiety, Grief & Loss
- Sarah Arnold, PsyD, Psychologist - Adolescents, Children, Families, ADHD, Learning Disorders, Anxiety & Mood Disorders, Grief, Stress, Trauma
- Steven Roberts, LCSW, CSAC – Men, Women, Couples, Families and Groups, Depression, Anxiety, Substance Abuse/Dependency Issues, Codependency, PTSD, Trauma
- Theresa Davenport, Ph.D., Psychologist- Child and Adolescents, Depression, Anxiety, Gender and Sexuality concerns

Domestic Violence Programs

St. Agnes Hospital
430 E. Division St.
Fond du Lac, WI 54935
Phone: (920) 926-4207
Crisis Number: (920) 926-4290
Fax: (920) 926-8875
Renee Will, Coordinator
Email: willr@agnesian.com
Website: <http://www.agnesian.com/>

Services: Program provides education and support to domestic violence victims through the health care system. Also provides a batterers treatment program, a fast track domestic group for batterers.

Family Resource Center

104 S. Main St., Suite 302
Fond du Lac, WI 54935
Phone: (920) 923-4110
24/7 help line: (920) 923-1499 or (800) 313-9005
Email: admin@fdlfrc.org
Website: <http://www.fdlfrc.org/>

Services: The Family Resource Center of Fond du Lac County, Inc. is dedicated to the healthy development of children and families through a variety of pregnancy and parenting programs.

Fond du Lac Conflict Resolution Center, Inc.

160 S. Macy St.
Fond du Lac, WI 54935
Phone: (920) 929-7600

Services: Mediation is a voluntary process in which people with a dispute meet with a trained mediator. Volunteers at this center will help to resolve disputes between neighbors, friends, family, businesses, landlords, employers, and more. The mediator assists both parties in reaching a mutually agreeable solution.

Fee: Free to any Fond du Lac County Resident

Hours: Monday – Thursday, Business Hours

Fond du Lac County Department of Community Programs

Mental Health Services

459 E. First St.

Fond du Lac, WI 54935

Phone: (920) 929-3500

Fax: (920) 929-3129

Crisis Intervention: (920) 929-3535

Outpatient Intake: (920) 929-3565

Website: <http://www.fdlco.wi.gov/Index.aspx?page=54>

Services: Acute Psychiatric Unit, Crisis Intervention Services, Day Treatment Program, Outpatient Mental Health Services, including individual and group counseling for children, adolescents and adults, marital counseling and mediation intervention. Alcohol and drug abuse counseling services including individual counseling, recovery groups, AODA assessments, and Children Long-term Support Services and Birth to 3 services.

Providers:

○ Psychiatrists:

- Dr. JR Musunuru
- Dr. Natalie Krah
- Dr. John Whelan
- Dr. Kathy Kowalke

○ Psychologists:

- Joseph Haney, PsyD
- Kristine Nehring, PsyD, Mental Health Supervisor
- Marianne Niles, PhD
- Espen Klausen, PhD

○ Social Workers:

- Mary Jane Leu, MSW, LCSW
- Everest Brooks, MSW, LCSW

Payment: Medical Assistance and sliding scale fee accepted. Private pay or private insurance.

Hours: Monday – Thursday: 8:00 AM – 8:00 PM
Friday: 8:00 AM – 4:30 PM
Saturday: 8:00 AM – 12:00 PM

Fond du Lac County Department of Social Services

87 Vincent St.
Fond du Lac, WI 54935
Phone: (920) 929-3400 or (800) 525-3187

Services: Child care, employment and training services for individuals on financial assistance programs, foster homes, kinship care, information and referral, protective payee, child abuse and neglect services, daily living skills training, supervision of juveniles, in-home parenting program, low income child care assistance, food pantry, and economic support programs (Food Share, Badgercare)

Fee: Dependent upon service received and income

Fond du Lac County Health Department

160 S. Macy St.
Fond du Lac, WI 54935
Phone: (920) 929-3085 or (800) 547-3640
Fax: (920) 929-3102
Website: <http://www.fdlco.wi.gov/index.aspx?page=66>

Services: Blood pressure clinics available, vision, hearing and scoliosis screening, home nursing visits to monitor general health, TB testing, newborn and new mother care, home care program public health visits for the elderly. Health Check (preventative health check for children under age 21), WIC program, medical equipment loan closet, immunization clinic, flu shots, jail health services, dental sealant program, dental program for Forward Health members ages 3-18, lead poisoning prevention, and FDL County tobacco control coalition

Payment: Vaccines provided free to FDL residents, \$3 per immunization charge for out-of-county residents. Hepatitis B is provided for children age 18 and under free. If you have health insurance, it is recommended to see your primary care physician.

Hours: 8:00 a.m. – 4:30 p.m., Monday-Friday

Fond du Lac Literacy Services

Fond du Lac Public Library
32 Sheboygan St.
Fond du Lac, WI 54935
Phone: (920) 921-1907
Fax: (920) 929-7082
Email: literacy@fdlpl.org
Website: <http://www.fdlpl.org/fdlliteracy>

Services: Trained volunteers work with adults on a one-on-one basis in order to help the student learn to read and/or write English, as well as, help students improve their reading and writing skills. Classes are arranged at the volunteer and student's convenience and at the Fond du Lac Public Library unless otherwise designated. Only for students over 18.

Fee: Free one-on-one, confidential tutoring.

Hours: Monday 9:00 a.m. – 12:00 p.m.
Wednesday 9:00 a.m. – 12:00 p.m.
Thursday 1:00 p.m. – 3:00 p.m.

Fond du Lac School District

School Health Programs
72 W. 9th St.
Fond du Lac, WI 54935
Phone: (920) 906-6548
Website: <http://www.fonddulac.k12.wi.us/>

Services: Coordinated comprehensive school health programs with an emphasis on prevention, case finding, counseling and early intervention and remediation of health problems. Also includes health education, physical education and activity, health services, nutrition services, health promotion for staff, counseling and psychological services and a safe school environment.

Fond du Lac Psychiatry

1020 S. Main St., Suite A
Fond du Lac, WI 54935
Phone: (920) 923-9054
Fax: (920) 322-9193
Website: <http://fdlpsychiatry.com/>
J. T. Junig, MD, PhD

Services: For Patients of All Ages; Child, Adolescent, or Adult, Medication Management, Psychodynamic Psychotherapy, Depression, Mood Disorders, Anxiety, OCD, Phobias, ADD and Eating Disorders, Alcoholism and Addiction Treatment, Consultations and Second Opinions, Forensic Psychiatry, Expert Witness and Mediation Services, Psychiatric Evaluation for Disability

Fond du Lac Psychotherapy

1020 S. Main St., Suite A
Fond du Lac, WI 54935
Phone: (920) 923-9054
Fax: (920) 322-9193
Website: <http://fdlpsychotherapy.com/>
Megan Cole, MA, LPC, CSAC

Services: Individual Therapy & Counseling, Marriage, Couples, or Relationship Counseling, Family Therapy, Mediation, Consultation

Housing Authority of City of Fond du Lac

Rosalind Apartment Building
15 N. Marr St.
Fond du Lac, WI 54935
Phone: (920) 929-3107

Services: Low income families may be eligible for Section 8 certificate and housing vouchers to apply toward rental of private properties. Families may also qualify for public housing or moderate rehabilitation units. A family that meets HUD guidelines is only required to pay 30% of their income toward rent for most programs.

Hours: 8:00 – 5:00, Monday – Friday

Integrated Counseling Center, LLC

N6687 Wrightway Dr, Suite D
Fond du Lac, WI 54937
Phone: (920) 651-9264

Provider: Pat Jirovetz

Available late afternoons/evenings.

Katie Beckett Program

Division of Community Services
Bureau of Developmental Disabilities Service
PO Box 7851
Madison, WI 53707-7851
Phone: (608) 266-3236

Services: Provides medical assistance coverage for medically necessary services that help certain children with chronic illness or disabilities, live at home with their families, rather than in more costly institutions

Eligibility: Children with long – term disabilities or complex medical needs, who are otherwise unable to get Medical Assistance coverage, should apply to this program. Disabled children qualify according to the child’s income. Income and assets of the parents are not considered.

Lutheran Social Services

Website: www.lsswis.org

- Erin Kraft, LPC, NCC
Licensed Behavioral Health Specialist
Phone: (920) 378-8901
Email: erin.kraft@lsswis.org

- **Alcohol and Drug Abuse Resource Center**

131 S. Main St., Suite 212

Fond du Lac, WI 54935

Phone: (920) 924-5222

Fax: (920) 924-7522

Rebecka Welhouse, Program Coordinator

Hours: 10:30 – 6:30, Monday and Wednesday, Evening appointments are available

Services: Individual, family and group counseling for AODA issues, assessments, intervention techniques for family and additional drug and alcohol information

Fee: Payment based on a sliding scale.

Eligibility: Non-denominational, open to public

- **Family Preservation**

131 S. Main Street

Fond du Lac, WI 54935

Phone: (920) 410-1154

Contact: Maisi Schrauth, Manager

Email: maisi.schrauth@lsswis.org

Services: Family Preservation Services provide in-home family therapy, parent skills training and youth mentoring services to families at-risk. The goal of Family Preservation Services is to help children thrive in their homes, schools and communities. Families may be experiencing difficulties related to child or adolescent behavior problems and mental health concerns as well as the effects of child abuse or neglect, trauma and poverty. Family Preservation Services typically work with families with children or adolescents up to age 18.

Morning Star Counseling Services

225 S. Hickory St.
Fond du Lac, WI 54935
Phone: (920) 922-9552
Joanna Schohl, MSE, LCSW

Services: Therapy for individuals (adults/children/teens), family and marriage issues, sexual abuse, relationships, spirituality, anxiety, depression and parenting issues
Payment: Variable, available to do EAP work for Magellan, sliding fee scale, medical assistance not accepted

National Alliance on Mental Illness

27 Third Street
Fond du Lac, WI 54935
Phone: (920) 922-0566
Fax: (920) 921-7986
National Website: <http://www.nami.org/>
Wisconsin Website: <http://www.namiwisconsin.org/>
Fond du Lac Website: <http://www.namiwisconsin.org/affiliate-by-county.cfm?countyID=20>

Services: NAMI is the National Alliance on Mental Illness, the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI advocates for access to services, treatment, support and research. NAMI is steadfast in its commitment to raising awareness and building a community for hope for all those in need.

- **Friendship Corner**

27 E. 3rd St.
Fond du Lac, WI 54935
Phone: (920) 922-0566
Email: nami.fdl.fc@gmail.com

Services: A place for peer support and friendship for individuals recovering from mental illness.

Hours: 10:00 A.M. to 4:00 P.M. Monday - Friday
12:00 P.M. to 5:00 P.M. Saturday

Oshkosh Counseling Wellness Center

501 Merritt Ave
Oshkosh, WI 54901
Phone: (920) 231-2858
Fax: (920) 231-4048
Contact: Rachelle Laux
Website: www.oshcc.com

Providers: Please see their website for current providers
Payment: No medical assistance or sliding fee scale – answering service staffed 24/7
– client able to see therapist by appointment the same week. Most major health insurance policies accepted.

Planned Parenthood of Wisconsin

333 N Peters Street, Suite 6
Fond du Lac, WI 54935
Phone: (920) 922-9884
Fax: (920) 922-6666
Manager: Linda Koldzik
Email: linda.koldzik@ppwi.org
Website: <http://www.plannedparenthood.org/>

Services: Basic gynecological care, complete physicals, birth control education, contraception services, pregnancy tests, screening and treatment for sexually transmitted diseases, pre-conception services, mid-life services, screening for cervical cancer
Eligibility: Services are provided on a strictly confidential basis
Hours: Tuesday: 7:00 – 3:00
Thursday: 10:00 – 6:00

Psychiatric Consultants

40 Jewelers Park Drive, Suite 100
Neenah, WI 4956
Phone: (920) 720-9995
Fax: (920) 720-9980

Providers:

- John Korger, MD – Psychiatrist
- Steven Turchan, MD – Psychiatrist
- Michael Vicente, MD – Psychiatrist
- Stephen Shopbell, MD – Psychiatrist
- Sandy Rhee, MD – Psychiatrist
- Laurie Knutzen, MSSW – Counselor – (To schedule an appointment with Laurie call (715) 281-1541)

St. Agnes Hospital

Please see Agnesian HealthCare

Salvation Army

237 N. Macy St.
Fond du Lac, WI 54935
Phone: (920) 923-8220
Website: www.safdl.org

Services: Family – centered welfare, emergency aid, and spiritual character building programs. Housing commodities and food assistance also is available

Hours: 9:00 – 4:00, Monday – Friday

- **Project Eye Care, Shopko Vision**

237 N. Macy St.
Fond du Lac, WI 54935
Contact: Brandon Ball
Phone: (920) 923-8220

Services: Examination and glasses, 5 vouchers for children and adults on a case by case determination.

Eligibility: Must be Fond du Lac County resident, low income, have no private insurance.

SHARDS, Inc.

645 Forest Avenue
Fond du Lac, WI 54935
Phone: (920) 204-6570
Email: shardsinc@gmail.com
Website: www.shardsinc.org

Services: SHARDS, Inc. is an ecumenical Christian organization whose mission is to serve the uninsured and underinsured in Fond du Lac County and the surrounding areas by facilitating affordable mental health services.

- **Results Counseling, LLC**

Deborah Walter, LPC
Phone: (920) 387- 2995

Services: Deborah specializes in working with children and teens.

- **Redeemed Counseling, LLC**

Kathy Bonde, ABSW
Phone: 920-948-4916

Services: Kathy specializes in working with adults and couples.

Solutions Center

39 N. Sophia St.
Fond du Lac, WI 54935
Phone: (920) 923-1743
Crisis: (920) 923-1700
Fax: (920) 923-9982
Website: <http://www.solutionsfdl.com/>

Services: Solutions Center provides 16-20 people with food, shelter and assistance with housing, employment and related needs. Assists respite from an abusive or violent relationship; educates community about domestic violence.

YMCA

90 W. 2nd Street
Fond du Lac, WI 54935
Phone: (920) 921-3330
Website: <http://www.fdlymca.org/>

Services: Various health and wellness activities for children and adults, including childcare, swimming lessons, weight training, aerobics, gymnastics, etc. Families may qualify for a reduced YMCA membership by applying in person with proof of income.

Hours:	<u>Winter Hours</u>	<u>Summer Hours</u>
	Monday – Friday: 5:00 a.m. – 10:00 p.m.	Monday – Friday: 5:00 a.m. – 9:00 p.m.
	Saturday: 6:30 a.m. – 6:00 p.m.	Saturday: 6:30 a.m. – 4:30 p.m.
	Sunday: 10:30 a.m. – 4:30 p.m.	Sunday: Closed