

DESTINATION ZERO

Preventing Suicide in Fond du Lac County



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DZ Training Recap The official “kick-off” of the Destination Zero (DZ) Initiative was a huge success, with nearly 50 attendees from 18 local organizations coming together to learn how to implement Zero Suicide practices within their organizations and across our county. Evaluation results indicated that participants left the training with a better understanding of how to develop a comprehensive, system-wide approach to suicide care. The lived-experience perspective provided insight into how interventions can be more effective, while small group discussions allowed participants to hear how other agencies address similar problems and brainstorm solutions. Participants identified gatekeeper trainings, treatment approaches (such as DBT & CBT-SP), safety planning, and improved communication as key priorities to address. In the image below, the size of words reflects the frequency with which they appeared on the 82 participant-generated priority notes.

“We are all passionate about saving and giving hope to people in their darkest hour.”

“It was great for us all to get together and share information and resources. Hope the process continues!”

-DZ Training Participants



www.csifdl.org
is a great source of
Information, and soon it
will be even better!
Stay tuned!

Local Training Opportunities

Practice-based DBT July 17-18 in Appleton. See attached flyer.

Question, Persuade, Refer (QPR) Can be arranged for your agency.

Call (920)906-6700 ext. 6571 or email kohlmant@fonddulac.k12.wi.us for information.

LGBT Safe-Zone Training September 14, 11-3:30 in Fond du Lac. Email bruinsl@fonddulac.k12.wi.us for more details and to register.

Know of an upcoming training? Send us the information and we'll share it with the group!

Prevent Suicide Fond du Lac The Prevent Suicide Fond du Lac Committee will play a lead role in implementing many of the DZ initiatives, including the facilitation of trainings, creation of a Learning Community, establishing the Adult Death Review Team, developing informational materials, organizing community events, and more. If you'd like to be involved in these efforts and learn more about the other great work being done by PS-FdL, you are invited to attend the next PS-FdL meeting on Tuesday, July 10 at 8am at Marian University's Regina Hall, Room 222. Please email kohlmant@fonddulac.k12.wi.us to RSVP.

What's next? For those dedicated to suicide prevention the DZ training was just the first step, and many participants expressed a desire for a concrete plan of how to start making changes in their organizations. Well, great news! Those who participated in the training will soon be receiving an **Organizational Self-Study**. This document will help you assess your organization's strengths and weaknesses, and help you develop a work plan. The completion of the Organizational Self-Study by as many organizations as possible is a key component to preventing suicides in Fond du Lac County, as it will identify gaps and allow us to develop tools and resources to assist you. Please reach out if you have any questions!

Help us spread the word! Do you know others who are dedicated to suicide prevention? We want information about DZ's efforts to reach as many people as possible. A quick email to kohlmant@fonddulac.k12.wi.us will get them added to our list of engaged community members!