



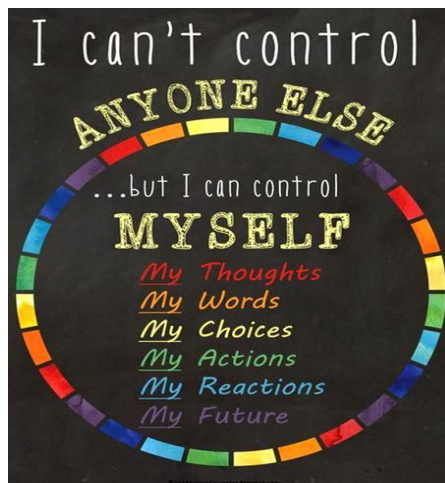
**YScreen** is the emotional health screen offered to all 9<sup>th</sup> grade students at the high schools in Fond du Lac County to identify risk factors for depression, anxiety and suicide.

**October 2019  
Bullying Prevention Month**

Every October is National Bullying Prevention Month across the nation. Bullying is unwanted, repetitive, aggressive behavior that involves real or perceived power imbalance. Bullying can occur at any time either during or after school hours. There are several different types of bullying.

- Physical (i.e., hitting, tripping, hair pulling, pushing, breaking someone's things, stealing, etc.)
- Social (i.e., telling other kids not to be their friends with someone, excluding others, spreading rumors, etc.)
- Verbal (i.e., threats, hurtful comments, teasing, name-calling, etc.)
- Cyber (i.e., mean texts, on the internet, prank calls, rude comments on social media, etc.)

According to Centers for Disease Control and Prevention, nationwide, 19% of students in grades 9-12 report being bullied on school property in the 12 months preceding the survey (2017). What can you do to prevent bullying? Here are some tips to share with youth who may be experiencing bullying/cyber bullying:



YScreen can help identify signs of stress and anxiety that may be a result of bullying. YScreen staff can also help connect teens and their families to the appropriate community resources that can address these concerns and help them cope. YScreen is available to teens in Fond du Lac County. If you would like to request screening for your child or would like more information about YScreen, please contact us at **(920) 906-6571**.

The Fond du Lac Area YScreen Program is administered through Fond du Lac School District with guidance from the YScreen Advisory Board. The Fond du Lac Area YScreen program is proud to be supported in part by Agnesian HealthCare, a member of SSM Health and Fond du Lac Area United Way.