



Have you lost a loved one to suicide?

You are not alone. Please join us.

The Survivors of Suicide Loss (S.O.S.L.) support group is a safe, judgement-free space for those grieving the suicide death of a loved one.

Participants will have the opportunity to share their story, feel less isolated, and be supported by others who have also experienced a loss to suicide.

**Meetings on the 2nd Wednesday of the month
Fond du Lac Public Library, Seefeld Rm (2nd Floor)
6:00-7:30pm**

This is a free, peer-led group for adults. Childcare is not provided. New members are warmly welcomed to attend at any time.

**Learn more at www.csifdl.org/preventsuicide
or call (920)906-6527**

SUPPORTED BY CSI'S PREVENT SUICIDE FOND DU LAC COUNTY COMMITTEE

Survivors of Suicide Loss Support Group (S.O.S.L.)

If you have lost a loved one to suicide, you are invited to attend a free support group led by trained facilitators who are also survivors of suicide loss.

Purpose of the group:

- To provide a **safe** and **caring** place to freely talk about your loss with others who have had similar experiences.
- To offer **support, resources,** and **hope** to those who are grieving.
- To address the **particular difficulties** that confront those who have endured the loss of a loved one through suicide.

Who: Adults who are grieving the suicide death of a loved one, regardless of when this occurred

When: 2nd Wednesday of the month from 6:00-7:30pm

Where: Fond du Lac Public Library, Seefeld Conference Room (2nd floor)

Cost: Group is FREE to attend

Pre-registration is not required. Group is ongoing, and new members are welcome to join at any time.

For more information go to
www.csifdl.org/preventsuicide
or call (920)906-6527

