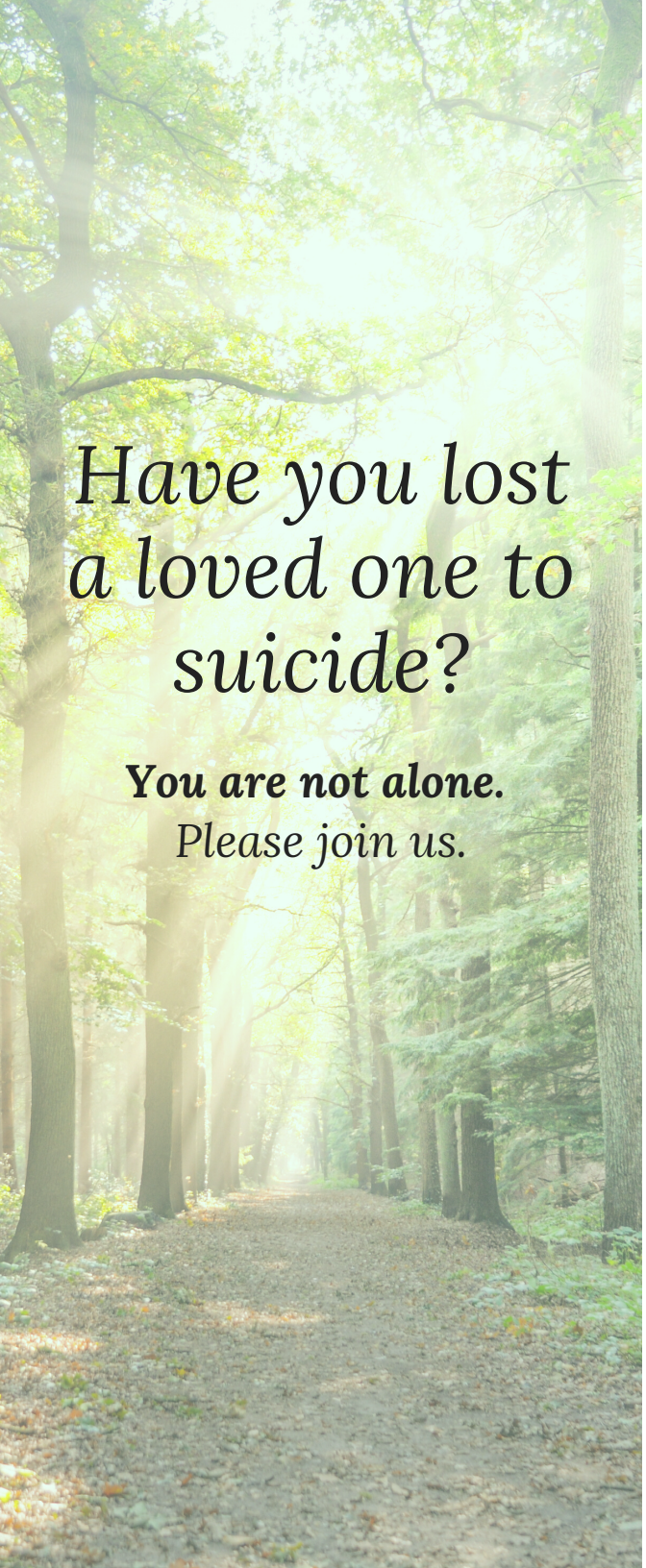

Have you lost a loved one to suicide?

You are not alone.
Please join us.

Prevent Suicide
Fond du Lac
County Committee

www.csifdl.org/preventsuicide

prevent suicide
FOND DU LAC

Survivors of Suicide Loss Support Group

Monthly Meetings in Fond du Lac

About

The Survivors of Suicide Loss (S.O.S.L.) support group is a safe, judgement-free space for adults grieving the suicide death of a loved one, no matter how much time has passed.

Participants will have the opportunity to share their story, feel less isolated, and be supported by others who have also experienced a loss to suicide.

Purpose of the Group

- To provide a **safe** and **caring** place to freely talk about your loss with others who have had similar experiences.
- To offer **support**, **resources**, and **hope** to those who are grieving.
- To address the **particular challenges** that confront those who have endured the loss of a loved one through suicide.

New members are warmly welcomed to join at any time. No cost to attend.

Meetings held on the 2nd Wednesday of every month from 6:00-7:30pm

Location & Registration

NAMI's Friendship Corner, 86 S. Macy Street, Fond du Lac.
Group may be held virtually at times.
Pre-registration is requested so any changes can be communicated.
Register at **www.csifdl.org/sosl**.
Childcare is not provided.

Facilitators

The S.O.S.L. support group is led by trained facilitators who are themselves survivors of suicide loss.

More Information

Go to **www.csifdl.org/sosl** to learn more, or call **(920)906-6527**.