

# *Fond du Lac Behavioral Health and Community Resource Guide*



*Fond du Lac School District  
Revised November 2020*

# **Acknowledgements**

**Thank you to the following local agencies to which this resource booklet has been developed:**

Fond du Lac School District  
Fond du Lac Area YScreen

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Agnesian HealthCare, a member of SSM Health

Fond du Lac Area United Way

Fond du Lac School District

# **Introduction**

This manual of community services and agencies was originally developed in collaboration with Fond du Lac School District and Lakeland University, as part of the Fond du Lac Area YScreen Program. This manual continues to serve as a resource designed to enhance the ability of school district staff to positively address the identified needs of students and their families while linking them to the appropriate community resources.

Materials contained within can be copied and distributed to school staff, parents and others as deemed appropriate with credit given to the Fond du Lac Area YScreen Program.

All efforts have been made to provide a complete list of services with accurate information.

# **Public Safety Information**

## **In Case of an Emergency, Dial 9-1-1**

### **Non-Emergency Numbers**

#### **Fire Department**

City of Fond du Lac Fire Department (920) 322-3800

#### **Law Enforcement**

Fond du Lac Police Department (920) 322-3700

Fond du Lac County Sheriff's Office (920) 929-3390

Fond du Lac Police Administrative (920) 929-3370

#### **Ambulance**

Fond du Lac Police Department (920) 322-3700

Fond du Lac County Sheriff's Office (920) 929-3390

### **Public Safety Numbers**

Poison Control Center (800) 222-1222

Arson Hotline (800) 362-3005

FBI – Milwaukee (414) 276-4686

Fond du Lac County Emergency Government (920) 929-2911

Fond du Lac County Sheriff's Office (920) 929-3390

State Patrol (920) 929-3700

## **Additional Resources**

### **Suicide Prevention:**

1 (800) 273-TALK

1 (800) 273-8255

Text “HOPELINE” to 741741

### **Spanish Hopeline:**

“TEXTO ESPERANZA” to APOYA (839-863)

### **Runaway and Youth Services Crisis Hotline:**

1(855) LSS-RAYS

1(855) 577-7297

### **Internet Resources:**

#### **Comprehensive Services Integration (CSI)**

[www.csifdl.org](http://www.csifdl.org)

#### **Mental Health America-Wisconsin**

[www.mhswisconsin.org](http://www.mhswisconsin.org)

#### **Prevent Suicide Wisconsin**

[www.preventsuicidewi.org](http://www.preventsuicidewi.org)

#### **Suicide Prevention Resource Center**

[www.sprc.org](http://www.sprc.org)

#### **Fond du Lac Pride Alliance**

[www.fdlpride.org/resources](http://www.fdlpride.org/resources)

**Adult Care Consultants, Inc.**

272 N Main St  
Fond du Lac, WI 54935  
Phone: (920) 322-6481  
Fax: (920) 921-7986  
Website: [www.adultcareconsultants.com](http://www.adultcareconsultants.com)

**Services:** Adult Care Consultants provide care management services, forensic case management, contract case management and home care services. Care management services are designed to help individuals and family members find the services they need to remain living independently in their own homes. Our trained staff provides services tailored to client needs, including cleaning, companionship, grocery shopping, etc. Care is available 24 hours per day, 7 days per week. Our staff will help design a schedule that fits client needs and lifestyle.

**Cost:** Initial consultation has no fee; services thereafter are billed monthly at an hourly rate.

**ADVOCAP**

Fond du Lac Office  
19 W. 1<sup>st</sup> St.  
P.O. Box 1108  
Fond du Lac, WI 54936-1108  
Phone: (920) 922-7760 or (800) 631-7760  
Fax: (920) 922-7214  
Website: <http://www.advocap.org/>

● **Affordable Housing**

**Phone:** (920) 922-7760  
**Website:** <http://www.advocap.org/affordable-housing.html>

**Services:** Provides safe, decent and affordable housing for low and moderate income households, through rental units, home buyer education and down payment assistance, homeowner rehab loans and Wisconsin Fresh Start.

**Hours:** Monday-Thursday: 8:00- 5:00pm  
Friday: 8- 4:30pm

*(ADVOCAP, Continued)*

- **Business Development**

Phone: (920) 922-7760

Website: <http://www.advocap.org/business-development.html>

Services: Provides entrepreneurs with tools to insure their small business is successful. This program provides counseling and support in the following areas: business and financial plan development, marketing plan development and implementation, employee recruitment assistance, managerial evaluation, small business loans and rural development loans.

Hours: Monday-Thursday: 8:00- 5:00pm

Friday: 8- 4:30pm

- **Employment & Training**

Phone: (920) 922-7760

Website: <http://www.advocap.org/employment-and-training.html>

Services: Develops options for integrated employment and the supports necessary for persons with disabilities or other employment obstacles to acquire training and meaningful employment.

Hours: Monday-Thursday: 8:00- 5:00pm

Friday: 8- 4:30pm

- **Head Start**

Phone: (920) 922-7760

Website: <http://www.advocap.org/head-start.html>

Services: ADVOCAP Head Start is a family focused child development program that provides a variety of learning experiences to children from low income families. Head Start includes services for children with disabilities. The goal of Head Start is to prepare three to five-year-old children to be successful in elementary school and in all of life's experiences.

Hours: Monday-Thursday: 8:00- 5:00pm

Friday: 8- 4:30pm

**Affiliated Counseling Center**

17 Forest Ave. Suite #112  
Fond du Lac, WI 54935  
Email: officemanager@affiliatedcounseling.net  
Phone: (920) 922-7440  
Hotline: (920) 576-8866  
Fax: (920) 887-3977

Services: Family Counseling, Individual Counseling, Medication Management, Driver safety plans - SAP / DOT provider, Drug and Alcohol Abuse Counseling, Trauma Counseling, and Behavior -ADHD services

Cost: Affiliated Counseling Center does accept self-payment, Medicaid, Medicare, private health insurance, and military insurance.

Hours: Monday-Friday 9:00-5:00 pm

**Ascension Mercy Behavioral Health Services**

2700 W. 9<sup>th</sup> Ave Suite #102  
Oshkosh, WI 54904  
Phone: (920) 223-8570  
Fax: (920) 223-8591  
Website: [www.affinityhealth.org/affinity/services/psychiatrypsychology.htm](http://www.affinityhealth.org/affinity/services/psychiatrypsychology.htm)

Services: Outpatient services for adolescents and adults for mental health and AODA. Including crisis intervention, inpatient and outpatient mental health treatment and alcohol and drug abuse treatment programs. After an initial evaluation, a recommendation is made to the most appropriate course of treatment to help improve the client's mental health.

Cost: Insurance; if no insurance, possible financial assistance to reduce cost, otherwise payment plans

Hours: Monday-Thursday 8:00-5:30 pm (some providers have later hours)  
Friday 8:00-12:00 pm



## **Agnesian HealthCare**

430 E. Division St.  
Fond du Lac, WI 54935  
Phone: (920) 929-2300 or (800) 922-3400  
Website: [www.agnesian.com](http://www.agnesian.com)

- **Agnesian Work & Wellness Employee Assistance Program**

56 Camelot Dr.  
Fond du Lac, WI 54935  
Phone: (920) 924-0614 or (800) 458-8183  
Fax: (920) 924-0615  
Website: <http://www.agnesian.com/services/services/work-wellness/employee-assistance-program>

Services: The Employee Assistance Program (EAP) is a free and confidential service designed to help employees and their household members resolve personal and work-related concerns that may be affecting their job performance and/or personal life. Counseling limited to employer contracts – call for eligibility.

Hours: Monday-Friday 8:00-4:30 pm (some providers have later hours)

- **Behavioral Health Services**

430 E. Division St.  
Fond du Lac, WI 54395  
Phone: (920) 926-4200  
Fax: (920) 926-8933  
Website: <http://www.agnesian.com/services/services/behavioral-health>  
(Appointments also available at Waupun and Ripon clinics.)

- **Inpatient Addiction Services (920) 926-4290**

Services: A team consisting of an addiction psychologist, behavioral health nurse, AODA counselors, and family and activity therapists provide detoxification and residential treatment services for adults. Psychiatric consultation is readily available from staff. To treat patients, an individual plan is developed based on a complete physical and addictive medicine evaluation. The treatment plan may include:

- Individual sessions with AODA counselors
- Group Therapy
- Family assessment, education and support
- Discharge planning
- Nutritional assessment
- Patient education classes
- Community meetings
- Therapeutic activity therapy

- Medication education
  - Psychological assessment and psychotherapy
  - 12-step support group meeting attendance
- **Inpatient Mental Health (920) 926-4290**

Services: Crisis observation, short-term care and acute psychiatric care are provided for adults and adolescents (age 18 and older). The Inpatient Mental Health Unit at St. Agnes Hospital includes semi-private rooms, several large group therapy rooms, a community patient lounge, dining area, recreation and exercise area, library and private consultation rooms. The unit is locked to best meet the safety and security needs of our patients and staff.
- **Outpatient Mental Health Services (920) 926-4200**

Services: Psychiatrists, psychologists, neuropsychologists, and therapists provide individual evaluation and therapy to people whose behaviors, thoughts and feelings have become disruptive to functioning normally. Individual therapy is available for:

  - Depression
  - Adjustment to life trauma
  - Anxiety and stress management
  - Health issues related to headaches and chronic pain
  - Anger management
  - Child, adolescent and adult behavioral disorders
  - Academic difficulties
  - Relationship issues
  - Specific group therapies
- **Outpatient Addiction Services (920) 926-4200**

Services: Individual evaluations, specific programming, individual therapy and group therapy are available for any adolescent or adult with a demonstrated need for addiction services. An addiction psychologist, family counselor and AODA counselors provide a full continuum of care to patients, including working with family and friends and utilizing a wide range of community resources. Specific programs include:

  - Day treatment
  - Intensive outpatient treatment
  - Relapse prevention group
  - Family treatment
  - Adolescent substance abuse program
  - Dual diagnosis treatment

Hours: Monday-Thursday 8:00-8:00 pm, Friday 8:00-4:00 pm

*(Agnesian HealthCare, Continued)*

- **Convenient Care**

145 N. Main St.

Fond du Lac, WI 54935

Phone: (920) 926-8492

Website: <https://www.agnesian.com/locations/agnesian-convenient-care>

Services: Convenient Care treats patients on a walk-in basis with acute health illnesses or injuries. No appointments needed. Laboratory and X-ray services available. This is a less costly option when an illness or injury is not life threatening or an emergency.

Cost: Self-pay or billed to insurance.

Hours: Monday-Friday: 7:30am-8:00pm  
Saturday & Sunday: 8:00am-5:00p

- **Community Care Fund**

430 E. Division St.

Fond du Lac, WI 54395

Phone: (920) 926-4455

Fax: (920) 926-8874

Services: Community Care Fund provides assistance for people who meet eligibility, who already have medical bills and are struggling to pay for services already rendered.

Eligibility: Call or come into location to see if you qualify for the program.

Hours: Monday- Friday: 9:00 am-4:00 pm

- **EZ Care Services**

1107 E. Johnson St.

Fond du Lac, WI 54935

Phone: (920) 926-8700

Eligibility: 2 years and older

Cost: \$55 with cash, check or credit card payment; \$70 w/insurance

Hours: Monday-Friday: 8:00am-8:00pm  
Saturday & Sunday: Closed

*(Agnesian HealthCare, Continued)*

- **Bereavement Services Agnesian Healthcare (Grief Relief)**

1161 W. Johnson St.

Fond du Lac, WI 54937

Phone: (920) 907-3940

Website: <https://www.agnesian.com/services/bereavement-services>

Services: Grief Relief provides support for children, teens and their families following the death of a parent, caregiver, sibling, family member or friend. Grief Relief's mission is to provide a safe place where children, teens, and families can grieve openly, sharing and moving through the grieving process in a supportive environment of their peers.

Cost: Free to the public and you can email with questions.

Email: [agn-bereavement@ssmhealth.com](mailto:agn-bereavement@ssmhealth.com)

- **Journeys: Health Resource Center**

St. Agnes Hospital

430 E. Division St.

Fond du Lac, WI 54935

Phone: (920) 926-4960

Website: <http://www.agnesian.com/services/services/journeys-a-health-resource-center>

Services: Offers quiet, reflective and comfortable education environment for individuals who want to learn more about various health topics, support groups or classes. For meetings, dates, and times visit the website or call the phone number listed above.

Hours: Monday-Friday 8:00-4:30 pm

- **Ripon Clinic**

790 Eastgate Drive

Ripon, WI 54971

Phone: (920) 745-3180

Fax: (920) 926-8933

Website: <https://www.agnesian.com/locations/agnesian-clinic-ripon>

(Call and schedule appointment through FDL Behavioral Health Outpatient, just specify you want Ripon Clinic)

Hours: Monday-Friday 8:00- 5:00 pm

- **Ripon Medical Center**

845 Parkside St.

Ripon, WI 54971

Phone: (920) 748-3101

*(Agnesian HealthCare, Continued)*

- **Samaritan Health Clinic**

St. Agnes Hospital

430 E. Division St.

Fond du Lac, WI 54935

Phone: (920) 926-4841

Fax: (920) 926-8874

Website: <https://www.agnesian.com/services/samaritan-health-clinic>

Services: Free basic medical, emergency dental, basic vision care, blood pressure screenings, and health information/education and community resource information for patients who do not have insurance or medical assistance.

Cost: None for individuals 165% or below poverty guidelines. There is a \$5.00 co-pay for medications (It is recommended for clients to apply for BadgerCare health insurance as an initial resource.).

Hours: Monday-Friday: 9:00am-4:00pm

- **Support Groups:**

Adolescent Affected Family Members, Advanced Directives, Affected Family Members, Alzheimer's Disease, Bereavement Care & Grief Relief, Brain Injury, Breastfeeding, Cancer, Cardiac and Stroke, Depression & Bipolar Support Alliance (DBSA), Diabetes, Dialysis, Domestic Violence, Eating Disorders, Family Addiction Educational Program, Healing Hearts, Mom & Baby Club, Multiple Sclerosis, LGBTQ Adult, Ostomy, Palliative Care, Sleep Apnea

Website: <https://www.agnesian.com/classes-events-groups> Check website for further details.

- **Waupun Clinic**

608 West Brown Street

Waupun, WI 53963

Phone: (920) 324-9797

Fax: (920) 324-9765

(Call and schedule appointment through FDL Behavioral Health Outpatient, just specify you want Waupun Clinic)

- **Waupun Memorial Hospital**

620 West Brown Street

Waupun, WI 53963

Phone: (920) 324-5581

### **Al-Anon and Alateen**

National Website: <http://www.al-anon.alateen.org/>

Local Website: <http://www.area61afg.org/>

List of Local Meetings: <http://www.area61afg.org/find-a-meeting/districts-meeting-lists/>

**Services:** To help families and friends of alcoholics recover from the effects of living with the problem drinking of a relative or friend. Similarly, Alateen is our recovery program for young people. Alateen groups are sponsored by Al-Anon members. Our program of recovery is adapted from Alcoholics Anonymous and is based upon the Twelve Steps, Twelve Traditions and Twelve Concepts of Services.

**Eligibility:** The only requirement for membership is that there be a problem of alcoholism in a relative or friend. To find a meeting near you, visit the local listings website listed above.

### **Alcoholics Anonymous**

- **Winnebago Central Office**

280 N. Main St.

Fond du Lac, WI 54935

Email: [central@winnebagoandco.com](mailto:central@winnebagoandco.com)

Phone: (920) 922-7512

National Website: [www.aa.org](http://www.aa.org)

List of local meetings: <http://www.area75.org/meetings.html?dist=25>

**Services:** 24-Hour Hotline Services, complete listing of local AA meetings, free literature that can be picked up. Books, pins, etc. available for sale.

**Hours:** Monday-Friday: 8:00am-5:00pm

### **Arc of Fond du Lac**

500 North Park Ave.

Fond du Lac, WI 54935

Phone: (920) 923-3810

Fax: (920) 923-3038

Email: [info@arcfdl.org](mailto:info@arcfdl.org)

Local Website: [www.arcfdl.org](http://www.arcfdl.org)

**Services:** Programs offered for individuals with developmental disabilities. Adult Day Services, Includes a young adult program. Adult evening services for guardians. Special Living Services has 9 homes with 4 bedrooms each for permanent Professional Training for caregivers and students; includes several CBRF courses.

**Eligibility:** 8 years of age and older

*(Arc of Fond du Lac, Continued)*

Hours: Monday-Friday: 8:00am-4:30pm  
Hours may vary throughout the week and weekend

**ASTOP (Assist Survivors/Treatment/Outreach/Prevention)**

21 S Marr St  
Fond du Lac, WI 54935  
Office Phone: (920) 926-5395  
Crisis Line: (920) 926-5395 or (800) 418-0270  
Website: <http://www.astop.org/>

Services: Confidential individual and family short-term therapy with qualified staff for survivors of sexual abuse. Support and therapy groups are offered for adolescent and adult incest survivors. Referrals are made to other agencies when appropriate. Protective behavior prevention programs are available as well as medical and legal advocacy education and awareness programs.

Cost: Free

Hours: Monday-Friday: 8:00am-4:30pm

**Aurora Behavioral Health Services**

210 Wisconsin American Dr. (Hwy 23 East)  
Fond du Lac, WI 54935  
Phone: (920) 907-4800 or (877) 666-7223  
Fax: (920) 907-4801  
Website: <http://www.aurorahealthcare.org/>

Services: Offers counseling, psychotherapy, psychological evaluation and psychiatry for most behavioral health problems including: ADD, anxiety, child/adolescent issues, depression, eating disorders, family issues, grief and substance abuse

Cost: Private Insurance, Medicaid, United Health

Hours: Monday- Tuesday: 8:00 am - 5:30 pm  
Wednesday: 8:00 am- 7:00 pm  
Thursday: 8:00 am- 4:30 pm  
Friday: 8:00 am- 4:00 pm

**Beacon House**

166 S. Park Avenue  
Fond du Lac, WI 54935  
Phone: (920) 923-3999  
Fax: (920) 923-3240  
Email: [fwrbeacon@beaconfdl.com](mailto:fwrbeacon@beaconfdl.com)  
Website: [www.beaconhousefdl.org](http://www.beaconhousefdl.org)

Services: Provide help to women and women with children recovering from alcoholism and/or chemical dependency. They provide a home-like environment for chemically-dependent women.

Hours: 24 hours a day, 7 days a week

**Berry House**

178 6<sup>th</sup> Street  
Fond du Lac, WI 54935  
Phone: (920) 922-8580

Services: Berry House is the entry point for any person with a mental illness, at least 18 years of age, ambulatory, free from communicable disease and capable of self-care. Berry House is an eight bed, co-ed state licensed CBRF with 24-hour staff. This group home setting offers an opportunity to learn a variety of skills, both interpersonal and activities of daily living.

Cost: Funded by community programs, public funding, and private pay.

Hours: 24 hours a day, 7 days a week

**Bethany Christian Services**

101 Wisconsin American Drive, Suite 400  
Fond du Lac, WI 54937  
Phone: (920) 923-6577  
Fax: (920) 923-3001  
Website: [www.bethany.org/fonddulac](http://www.bethany.org/fonddulac)

Services: Pregnancy and birth parent counseling, foster care, post-adoption services, embryo donation, and home studies for domestic adoption services

Hours: Monday-Thursday 8:30-5:00 pm, Friday hours vary



**Big Brothers/Big Sisters of Fond du Lac County, Inc.**

448 S. Military Rd.  
Fond du Lac, WI 54935  
Phone: (920) 922-8200  
Fax: (920) 922-7696  
Website: <http://www.bbbsfdl.org/>

Services: Big Brothers/Big Sisters is a non-profit preventative service agency that provides one-on-one companionship between a mature adult role model and a child from a single parent family. These relationships assist children in social, emotional and character development.

Eligibility: Boys and girls, ages 6-13 who are interested in adult companionship are able to sign up for the program.

Hours: Monday-Thursday 9:00-5:00 pm, Friday 9:00-3:00 pm

**Birth to 3**

459 E. 1<sup>st</sup> St.  
Fond du Lac, WI 54935  
Phone: (920) 929-7106  
Fax: (920) 929-3680  
Phone: (920) 929-3919 (Referral Line)  
Email: [Birthto3@fdlco.wi.gov](mailto:Birthto3@fdlco.wi.gov) (Referral Email)

Services: The Fond du Lac County Birth to 3 Program provides services to promote the development of children under three years of age. Participating families work with a team of specialists to develop an Individual Family Service Plan. Services are provided in the child's home, community, or child care setting.

Eligibility: Ages from birth to three years old and to demonstrate a significant delay in development, a diagnosed condition likely to lead to delay, or atypical development.

Cost: Cost share plan

Hours: Hours may vary

**Blandine House**

25 N. Park Avenue  
Fond du Lac, WI 54935  
Phone: (920) 922-9487  
Fax: (920) 922-9184  
Website: <http://www.blandinehouse.org/>

Services: The organization is an AODA residential treatment facility for men.

Eligibility: Adult males who have completed detoxification

Cost: The Blandine House Cost: \$2,610 (30 days adjusted). However, many costs are supported by the county. Also take insurance, private pay, and tribal government.

Hours: 24 hours a day, 7 days a week

**Boys and Girls Club**

76 W. 2<sup>nd</sup> St.  
Fond du Lac, WI 54935  
Phone: (920) 924-0530  
Fax: (920) 926-7652  
National Website: <http://www.bgca.org/>  
Local Website: <http://www.kidsclubfdl.org/>

Services: The Club is a center for children ages 6-18 for after school hours. During the summer the program offers full day services with free hot lunch.

Program sites: 1st grade – 5th grade: Chegwin, Pier, Johnsonville Club, Parkside  
6th grade – High School: Teen Center located in the Johnsonville Club

Hours: Monday-Friday: 10:00am-6:00pm

**Brooke Industries, Inc.**

1257 Industrial Pkwy  
Fond du Lac, WI 54935  
Phone: (920) 924-3020  
Fax: (920) 924-3039  
Website: <http://www.brooke.org/>

Services: Provides vocational counseling, remedial education, job coaching and case management. Also available are evaluation programs, vocational skills, work development, work adjustment training, placement and supported employment.

*(Brooke Industries, Inc., Continued)*

Eligibility: Provides programs and services to individuals 16 years of age or older with an AODA, Brain Injury/Neurological Impairment, Developmental Disability, or Mental Health diagnosis.

Cost: Cost varies, may be covered by funding, insurance, Worker's Compensation, and self-pay.

Hours: Monday-Friday: 7:00am-3:00pm

**Catalpa Health: Mental Health & Wellness for Kids**

444 North Westhill Blvd.

Appleton, WI 54914

Phone: (920) 750-7000

Phone (Toll Free): (877) 235-9777

Website: <https://catalpahealth.org/>

Services: Various group therapy options for children and adolescents including: Middle School Mood Management (3Ms), Teen Girls Group: for the treatment of anxiety and depression, ABCs of Anger, Arrow Anxiety Therapy Group for Kids, Get Into the Zone: an Emotional Self-Regulation Group, Teen Emotions and Mood Management Group (TEAM)

Cost: Accepts most major insurance carriers, allows payment plans.

Hours: Monday & Wednesday: 8:00am-7:00pm  
Tuesday: 7:30am- 5:00 pm  
Thursday 8:00am-6:45pm  
Friday 8:00am-4:30pm

**Catholic Charities**

191 S. Main St.

Fond du Lac, WI 54935

Phone: (920) 923-2550

Fax: (920) 458-5826

Website: <http://www.ccmke.org/CatholicCharities.htm>

Services: Family, individual, and couples counseling  
Bilingual Therapists

Eligibility: Services are available to any resident of Fond du Lac or Dodge Counties, Catholic or Non-Catholic, regardless of religious denomination

*(Catholic Charities, Continued)*

Cost: Certified outpatient mental health center (private insurance and sliding scale fee), Medical Assistance (Badgercare) accepted. Medicaid, Medicare, Client/Patient Fees, and Private Health Insurance.

Hours: Monday – Friday: 8:30 am – 5 pm

**CESA 6**

Administrative office/Conference Center:

2300 State Road 44  
Oshkosh, WI 54904-9137  
Phone: (920) 233-2372  
Fax: (920)236-0580  
Hours: 7:30 am – 4 pm

Individualized Youth Services (IYS)

Phone: (920) 929-3684  
Fax: (920) 929-3686  
Website: <http://www.cesa6.org/>

Services: Educational information about Attention Deficit Disorder, including diagnosis, treatment and behavioral management techniques. The Autism Effectiveness Academy (AEA), designed to address the challenges faced by districts in programming for students with autism spectrum disorders.

Cost: Varies depending on service

Hours: Monday-Friday: 7:30am-4:00pm

**Collaborative Wellness**

303 Watson St.  
Ripon, Wi 54971  
Phone (920) 896-0189  
Fax: (920) 239-6021  
Website: <http://www.suaspontecenter.com/>

Services: Accepts all ages, practice trauma-informed and neuroscience perspectives and utilize a range of therapies such as AODA, EMDR, brainspotting, art/play therapies, marriage & family therapy, sex therapy, eating disorders, individual and groups, all focused to meet individualized goals, while in challenging situations.

Hours: Monday-Friday: 8:00am- 5:00pm or by appointment

**Delta Center**

196 E. 3<sup>rd</sup> St.  
Fond du Lac, WI 54935  
Phone: (920) 921-3343  
Fax: (920) 921-0989  
Website: <http://www.deltactr.com>

Services: Therapy for adolescents, families, depression, anxiety, grief, loss, relationships, couples and individuals.

Cost: Private pay and insurance accepted

Hours: Mon/Wed 9:00-8:00 pm  
Tues/Thurs 9:00-6:00 pm  
Friday 8:00-3:00 pm  
Psychiatrist Hours: Monday 9:00 am- 12:00 pm

**Disability Rights of Wisconsin**

131 W. Wilson St., Suite 700  
Madison, WI 53703  
Phone: (608) 267-0214 or (800) 928-8778  
Fax: (608) 267-0368  
Website: <http://www.disabilityrightswi.org/>

Services: Provides guidance, advice, investigation, negotiation and legal representation to consumers, their families and other advocates on a variety of rights issues, including veterans with disabilities. Examples of advocacy include: information and referral, self-advocacy, consultation and training, accompanying, and in some cases, representing individuals in negotiations and hearings, referral to legal assistance, assistance in obtaining support from legislators and other policy makers.

Eligibility: Children and adults with disabilities are eligible

Hours: Monday-Friday 8:30-5:00 pm

**Doll and Associates – Agnesian HealthCare**

40 Camelot Dr.  
Fond du Lac, WI 54935  
Phone: (920) 907-8201  
Fax: (920) 907-8209  
Website: <https://www.agnesian.com/locations/doll-associates>

Hours: Mon/Thurs 8:00-7:00 pm  
Tues/Wed 8:00-5:00 pm  
Friday 8:00-3:30 pm

**Domestic Violence - Agnesian HealthCare**

21 S Marr St.  
Fond du Lac, WI 54935  
Phone: (920) 926-4207  
Crisis Number: (920) 926-4207  
Fax: (920) 926-8875  
Website: <https://www.agnesian.com/services/domestic-violence-services>

Services: Program provides education and support to domestic violence victims through the health care system. Also provides a batterers treatment program, a fast track domestic group for batterers. We provide support and education to families of domestic violence through advocacy, counseling, and treatment programs. The program is committed to empower families in rebuilding healthy relationships and raise community awareness of the effects of domestic violence through education and collaboration of community resources.

Eligibility: Adult or child victim to domestic violence. A batterer for offender treatment program.

Cost: For victims, it is generally free. For offender treatment program, there is a fee.

**Family Resource Center**

525 E. Division Street #109  
Fond du Lac, WI 54935  
Phone: (920) 923-4110  
Website: <http://www.fdlfrc.org/>

Services: The Family Resource Center of Fond du Lac County, Inc. is dedicated to the healthy development of children and families through a variety of pregnancy and parenting programs. Able to serve Spanish-speaking families too.

Cost: Depends on service, some come at no cost.

*(Family Resource Center, Continued)*

Hours: Monday-Thursday: 9:00am-3:00pm

**Fond du Lac Conflict Resolution Center, Inc.**

160 S. Macy St.

Fond du Lac, WI 54935

Phone: (920) 929-7600

Services: Mediation is a voluntary process in which people with a dispute meet with a trained mediator. Volunteers at this center will help to resolve disputes between neighbors, friends, family, businesses, landlords, employers, and more. The mediator assists both parties in reaching a mutually agreeable solution.

Hours: Monday-Thursday 8:00-4:30 pm  
Hours may vary – Call for appointment

**Fond du Lac County Department of Community Programs**

Mental Health Services

459 E. 1<sup>st</sup> St.

Fond du Lac, WI 54935

Phone: (920) 929-3500

Fax: (920) 929-3129

Crisis Intervention: (920) 929-3535

Outpatient Intake: (920) 929-3565

Website: <http://www.fdlco.wi.gov/departments/departments-a-e/community-programs>

Services: Provides Acute Psychiatric Unit, Crisis Intervention Services, Day Treatment Program, Outpatient Mental Health Services, including individual and group counseling for children, adolescents and adults, marital counseling and mediation intervention. Alcohol and drug abuse counseling services including individual counseling, recovery groups, AODA assessments, and Children Long-term Support Services and Birth to 3 services.

Cost: Medical Assistance and sliding scale fee accepted. Limited or private insurance

Hours: Monday-Thursday: 8:00am-7:00pm  
Friday: 8:00am-4:30pm

**Fond du Lac County Department of Social Services**

87 Vincent St.

Fond du Lac, WI 54935

Phone: (920) 929-3400

*(Fdl County Department of Social Services, Continued)*

Website: <http://www.fdlco.wi.gov/departments/departments-n-z/social-services>

Services: Provides Child care, employment and training services for individuals on financial assistance programs, foster homes, kinship care, information and referral, protective payee, child abuse and neglect services, daily living skills training, supervision of juveniles, in-home parenting program, low income child care assistance, food pantry and economic support programs (Foodshare, BadgerCare).

Cost: Dependent upon service received and income

Hours: Monday-Friday 8:00-4:30pm

**Fond du Lac County Health Department**

160 S. Macy St.

Fond du Lac, WI 54935

Phone: (920) 929-3085

Fax: (920) 929-3102

Website: <http://www.fdlco.wi.gov/departments/departments-f-m/health-department>

Services: Blood pressure clinics available, vision, hearing and scoliosis screening, home nursing visits to monitor general health, TB testing, newborn and new mother care and home care program public health visits for the elderly. Health Check (preventative health check for children under age 12), WIC program, medical equipment loan closet, immunization clinic, flu shots, jail health services, dental sealant program, dental program for forward Health members ages 3-18, lead poisoning prevention and FDL County tobacco control coalition.

Cost: Cost and availability of vaccines changes regularly, call for current information. If you have health insurance, it is recommended to see your primary care physician.

Hours: Monday-Friday: 8:00am-4:30pm

**Fond du Lac Literacy Services**

Fond du Lac Public Library

32 Sheboygan St.

Fond du Lac, WI 54935

Phone: (920) 322-3932

Website: <http://www.fdlpl.org/fdlliteracy>

Services: Fond du Lac Literacy Services helps adults in our community with the basic skills needed to learn and prosper in the 21st Century: reading, writing, mathematics and learning English. Dedicated and trained tutors



work one-on-one with students using personalized lesson plans at a pace that is comfortable for the student. Tutoring is free. Students learn how to: Write a letter, read to a child, read a menu, use a dictionary, balance a checkbook, speak and read English, help prepare for GED, and improve overall communication.

Cost: Free one-on-one, confidential tutoring

Hours: Monday: 10am – 2pm  
Tuesday: 11:00am- 6:00pm  
Wednesday: 10:00am-3:00pm  
Thursday: 10:00am-5:00pm

### **Fond du Lac School District**

School Health and Safety Programs

72 W. 9<sup>th</sup> St.

Fond du Lac, WI 54935

Phone: (920) 929-2900

Website: <http://www.fonddulac.k12.wi.us/>

Services: Coordinate comprehensive school health programs with an emphasis on prevention, case finding, counseling and early intervention and remediation of health problems. Also includes health education, physical education and activity, health services, nutrition services, health promotion for staff, counseling and psychological services and a safe school environment.

Hours: Monday-Friday 8:00-4:30pm

### **Fond du Lac Psychiatry**

1020 S. Main St., Suite A

Fond du Lac, WI 54935

Phone: (920) 923-9054

Fax: (920) 322-9193

Website: <http://fdlpsychiatry.com/>

Services: Adult, medication management, psychodynamic psychotherapy, depression, mood disorders, anxiety, OCD, phobias, ADHD and eating disorders, alcoholism and addiction treatment, consultations and second opinions, forensic psychiatry, expert witness and mediation services as well as psychiatric evaluation for disability.

Cost: Private pay only

**Gratitude Club**

295 Ruggles St.  
Fond du Lac, WI 54935  
Phone: (920) 921-0143  
Website: <http://gratitudeclub.net/>

Services: Provides support for people with alcohol, narcotic, and other drug problems and their families.

Hours: Monday-Friday 9:30-noon & 5:30-8 pm  
Saturday- 9 am – 3 pm  
Sunday- 8 am – 8 pm

**Healing Hope Counseling, LLC**

N6717 Streblov Dr.  
Fond du Lac, WI 54937  
Contact: Heidi Burns MSW, CAPSW, LCSW-IT  
Phone: (920) 517-8264  
Website: [http://www.shardsinc.org/?page\\_id=272](http://www.shardsinc.org/?page_id=272) or on Facebook

Services: For patients 13 and older- Christian based adult and couples counseling focusing on depression, anxiety, trauma, abuse, grief/loss, chronic health concerns, stress management/self-care, and relationship problems.

Cost: Sliding fee scale. Does not accept insurance.

Hours: Monday and Wednesday: 9:00am- 4:00pm  
Tuesday and Thursday: 12pm – 4pm  
Sessions by appointment only

**Housing Authority of City of Fond du Lac**

Rosalind Apartment Building  
15 N. Marr St.  
Fond du Lac, WI 54935  
Phone: (920) 929-3107  
Fax : (920) 929-7094  
Email : [info@fdlpha.org](mailto:info@fdlpha.org)  
Website: [www.fdlpha.org](http://www.fdlpha.org)

Services: Low income families may be eligible for Section 8 certificate and housing vouchers to apply toward rental of private properties. Families may also qualify for public housing or moderate rehabilitation units. A family that meets HUD guidelines is only required to pay 30% of their income toward rent for most programs.

Hours: Monday-Friday: 8:00am-12:00pm & 1:00pm- 4:30pm  
4:30-5:00pm (by appointment or phone)

**Integrity Counseling, LLC**

404 N. Main Street, Suite 612  
Oshkosh, WI 54901  
Phone: (920) 385-1420  
Fax: (866) 327-3295  
Website: <http://www.integritycounselingllc.net>

Services: Seniors living or transition into assisted living communities. Individuals or families who are living in low income housing programs and are in need of additional support. Individuals diagnosed with terminal or tragic illnesses and their family members. Fire Fighters, Law Enforcement Officers, EMT's, Mental Health Counselors, Medical Providers: Those working in the helping professions that need support and guidance through traumatic situations or ongoing support to those who support others, individuals who have experienced traumatic events or suffer from PTSD.

Hours: 8am - 8pm

**Katie Beckett Program**

Division of Community Services  
Bureau of Developmental Disabilities Service  
PO Box 7851  
Madison, WI 53707-7851  
Phone: (608) 266-3236  
Website: <https://www.dhs.wisconsin.gov/kbp/index.htm>

Services: Provides medical assistance coverage for medically necessary services that help certain children with chronic illness or disabilities, live at home with their families, rather than in more costly institutions.

Eligibility: Children with long-term disabilities or complex medical needs, who are otherwise unable to get Medical Assistance coverage, should apply to this program. Disabled children qualify according to the child's income. Income and assets of the parent are not considered.

Hours: Monday-Friday 8:00am-4:30pm

### **Kathleen Morgan, LLC**

481 E. Division St. Suite 400  
Fond du Lac, WI 54935  
Phone: (414)-712-6959  
Website: <https://www.kathleenamorgan.com/>

Services: Working with individuals, couples, and family. Provides various therapies including art therapy, group, attachment-based, CBT, EMDR, family/marital, humanistic, Jungian, MBCT, SFBT, and transpersonal. Focusing on abuse, depression, grief, anxiety, self-esteem, trauma, conflict, parenting, relationships and stress.

Cost: Average cost (per session): \$120-\$240, accepts some insurance, some BadgerCare.

### **Kenealy Counseling, LLC**

131 S. Main Street  
Fond du Lac, WI 54935  
Phone: (920) 659-5414  
Email: [Kenealycounseling@gmail.com](mailto:Kenealycounseling@gmail.com)

Services: Eye Movement Desensitization Reprocessing (EMDR), Individual Counseling, Couples Therapy, Adolescent Therapy, Workshops, Career or Life Coach, Group Therapy

### **Lutheran Social Services**

74 S. Main St.  
Fond du Lac, WI 54935  
Phone: (920) 378-8901  
Fax: (920) 734-2824  
Website: [www.lsswis.org](http://www.lsswis.org)

Services: LSS sponsors two programs: **Alcohol & Drug Abuse Resource Center** provides counseling, education & referral services. Group Therapy available based on client needs/availability. **Family Preservation Services**: an innovative and unique home-based approach to help keep families together.

Hours: 8:30am - 5:30 pm (flexible based on scheduling need)

*(Lutheran Social Services, Continued)*

● **Alcohol and Drug Abuse Resource Center**

131 S. Main St., Suite 212

Fond du Lac, WI 54935

Phone: (920) 924-5222

Fax: (920) 924-7522

Services: Individual and family counseling for AODA issues, assessments, intervention techniques for family. Provides any additional drug and alcohol information.

Eligibility: Non-denominational, open to public

Cost: Payment based on a sliding scale

**Mahala's Hope at Reilly's Ranch of Recovery**

N4590 Hwy 45

Eden, WI 53019

Phone: (920) 904-6445

Services: Primarily women (18 & older) to assist in recovery from substance abuse and trauma, which may include physical/sexual violence, childhood trauma and/or trauma stemming from addiction. Transitional Recovery Residence, Equine Experiential workshops and outpatient counseling.

**Morning Star Counseling Services**

225 S. Hickory St.

Fond du Lac, WI 54935

Phone: (920) 922-9552

Fax: (920) 322-9479

Services: Therapy for individuals (adults/children/teens), family and marriage issues, sexual abuse, relationships, spirituality, anxiety, depression and parenting issues.

Cost: Variable, available to do EAP work for Magellan, sliding fee scale if financially appropriate, medical assistance not accepted, most insurances accepted

Hours: Appointments - Monday through Friday: 7:30 a.m.  
Evening appointments available Mon-Tues-Wed, some Thursdays.

### **Narcotics Anonymous**

National Website: [www.na.org](http://www.na.org)

Local Website: <http://www.iluana.org/>

List of Local Meetings: <http://www.iluana.org/meetings>

Eligibility: The only requirement for membership is the desire to stop using.

### **National Alliance on Mental Illness (NAMI) Fond du Lac**

86 S. Macy Street Fond du Lac, WI 54935

Phone: (920) 979-0512

National Website: <http://www.nami.org/>

Services: NAMI is the National Alliance on Mental Illness, the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI is steadfast in its commitment to raising awareness and building a community for hope for all those in need.

Cost: No fee

- **Friendship Corner**

21 E 2<sup>nd</sup> St #104

Fond du Lac, WI 54935

Phone: (920) 266-8447

Services: The mission of Friendship Corner is to provide a place where adults dealing with mental health issues can be empowered in their recovery through peer support, socialization, education, spiritual and emotional growth opportunities and advocacy.

Cost: No fee

Hours: Monday-Friday: 10:00am-3:00pm  
Saturday: 10:00am – 2:00pm

**Oshkosh Counseling Wellness Center**

501 Merritt Ave.  
Oshkosh, WI 54901  
Phone: (920) 231-2858  
Fax: (920) 231-4048  
Website: <http://oshcc.com/>

Services: Family counseling, Neurotherapy/FDA Approved Biofeedback, Couples Counseling, Art Therapy, Pain Management, Suicide Prevention, Lifestyle Transitions, Addiction Recovery

Cost: No medical assistance or sliding scale fee – answering service staffed 24/7 – client able to see therapist by appointment the same week. Most major health insurance policies accepted.

Hours: Monday-Thursday: 10:00 am- 6:00pm  
Friday: 9:00am – 5:00pm

**Psychiatric Consultants**

40 Jewelers Park Drive, Suite 100  
Neenah, WI 54956  
Phone: (920) 720-9995  
Fax: (920) 720-9980

Cost: Some insurance carriers accepted, private pay.

Hours: Monday-Friday 8:00-12:00pm 12:30- 4:00pm (Hours may vary)

**Rawhide Youth & Family Counseling**

W3950 State Road 23  
Fond du Lac, WI 54937  
Phone: (920) 924-4030 or (800) 729-4433  
Fax: (920) 531-2686  
Website: <https://www.rawhide.org/>

Hours: Monday-Friday 8:00-5:30pm

Services: Outpatient counseling services, residential treatment programs, and equine-assisted therapy.

**St. Agnes Hospital**

430 E. Division St.

Fond du Lac, WI 54935

Phone: (920) 929- 2300

Website: <https://www.agnesian.com/locations/st-agnes-hospital>

**Salvation Army**

237 N. Macy St.

Fond du Lac, WI 54935

Phone: (920) 923-8220

Website: <https://www.salvationarmy.org/>

Services: Family-centered welfare, emergency aid, and spiritual character building programs. Housing commodities and food assistance are also available.

Eligibility: Depends on service provided

Cost: Generally no cost, depends on service provided

Hours: Monday-Thursday: 9:00am- 4:00pm  
Friday: 9:00am-12:30pm

- **Pathway Of Hope**

Phone: (920) 923-8220 (set up an appointment)

Services: Pathway of Hope is offered to families with children 18 years or younger. It is a team-oriented approach to help identify resources and provide support as goals are accomplished. Our desire is to see your dreams become a reality. Pathway of Hope has a lot to offer, it is specifically focused on increasing the stability of a family. Through working with Pathway of Hope and connecting with resources in the community a foundation will be set to better the lives of not only parents, but their children as well.

**SHARDS, Inc.**

645 Forest Avenue

Fond du Lac, WI 54935

Phone: (920) 204-6570

Services: SHARDS, Inc. is an ecumenical Christian organization whose mission is to serve the uninsured and underinsured in Fond du Lac County and the surrounding areas by facilitating affordable mental health services.



*(SHARDS, Inc, Continued)*

- **Redeemed Counseling, LLC**

Contact: Kathy Bonde, LCSW

Phone: (920) 948-4916

Services: Specializes in working with adults and couples.

Hours: Tuesday: 9:00am- 5:00pm  
Thursday: 8:00am-8:00pm

- **Results Counseling**

Phone: (920) 517-3585

Contact: Sister Deborah Walter, LPC

Website: [http://www.shardsinc.org/?page\\_id=256](http://www.shardsinc.org/?page_id=256)

### **Sherman Counseling**

- **Fond du Lac Location**

131 N. Rolling Meadows, Suite C

Fond du Lac, WI 54937

Phone: (920) 733-2065

Website: <https://shermanconsulting.net>

- **Oshkosh Location**

222 Ohio St.

Oshkosh, WI 54902

Phone: (920) 230-2065

Services: Family counseling, marriage counseling, couples counseling, child counseling, teen counseling, individual counseling, and eating disorder help.

### **Solutions Center**

39 N. Sophia St.

Fond du Lac, WI 54935

Phone: (920) 923-1743

Crisis: (920) 923-1700 or 1-800-852-9571

Men's Shelter: (920) 922-8122

Domestic Violence (920) 923-2880

Fax: (920) 923-9982

Website: <http://www.solutionsfdl.com/>

Services: Solutions Center provides food, shelter and assistance with housing, employment and related needs. There is a men's, women's and family shelter, each shelter housing approximately 12-20 individuals at a time. Solutions Center assist in providing relief from an abusive or violent

relationship and educates the community about domestic violence and homelessness.

Eligibility: Victim of domestic violence or homeless

Cost: No cost

## **YMCA**

90 W. 2<sup>nd</sup> St.

Fond du Lac, WI 54935

Phone: (920) 921-3330

Website: <http://www.fdlymca.org/>

Services: Various health and wellness activities for children and adults, including childcare, swimming lessons, weight training, aerobics, gymnastics, etc. Families may qualify for a reduced YMCA membership by applying in person with proof of income.

Cost: Depends on service

Hours: Monday – Friday: 5am – 9pm  
Saturday: 6am – 2pm  
Sunday: 7am – 11am