

Have you lost
a loved one to
suicide?

You are not alone.
Please join us.



PREVENT SUICIDE
FOND DU LAC
COUNTY COMMITTEE

www.csifdl.org/preventsuicide

prevent **suicide**
FOND DU LAC

SURVIVORS OF SUICIDE LOSS SUPPORT GROUP

Monthly Meetings in Fond du Lac

ABOUT

The Survivors of Suicide Loss (S.O.S.L.) support group is a safe, judgement-free space for adults grieving the suicide death of a loved one, no matter how much time has passed.

Participants will have the opportunity to share their story, feel less isolated, and be supported by others who have also experienced a loss to suicide.



PURPOSE OF THE GROUP

- To provide a **safe** and **caring** place to freely talk about your loss with others who have had similar experiences.
- To offer **support**, **resources**, and **hope** to those who are grieving.
- To address the **particular challenges** that confront those who have endured the loss of a loved one through suicide.

NEW MEMBERS ARE
WARMLY WELCOMED TO
JOIN AT ANY TIME.
NO COST TO ATTEND.

MEETINGS HELD ON THE
2ND WEDNESDAY OF
EVERY MONTH
FROM 6:00-7:30PM

LOCATION & REGISTRATION

NAMI's Friendship Corner, 86 S. Macy Street, Fond du Lac.

Group may be held virtually at times.

Pre-registration is requested so any changes can be communicated.

Register at www.csifdl.org/sosl.

Childcare is not provided.

FACILITATORS

The S.O.S.L. support group is led by trained facilitators who are themselves survivors of suicide loss.

MORE INFORMATION

Go to www.csifdl.org/sosl to learn more.

