



Have you lost a loved one to suicide?

You are not alone. Please join us.

The Survivors of Suicide Loss (S.O.S.L.) support group is a safe, judgement-free space for those grieving the suicide death of a loved one.

Participants will have the opportunity to share their story, feel less isolated, and be supported by others who have also experienced a loss to suicide.

**2nd Wednesday of the month from 6:00-7:30pm
NAMI's Friendship Corner, 86 S Macy St., Fond du Lac**

This is a free, peer-led group for adults.
New members are warmly welcomed to attend at any time.

**Learn more at www.csifdl.org/sosl
or call: (920)948-6050**



Survivors of Suicide Loss Support Group (S.O.S.L.)

If you have lost a loved one to suicide, you are invited to attend a free support group led by trained facilitators who are also survivors of suicide loss.

Purpose of the group:

- To provide a **safe** and **caring** place to freely talk about your loss with others who have had similar experiences.
- To offer **support, resources,** and **hope** to those who are grieving.
- To address the **particular difficulties** that confront those who have endured the loss of a loved one through suicide.

Who: Adults who are grieving the suicide death of a loved one, regardless of when this occurred

When: 2nd Wednesday of the month from 6:00-7:30pm

Where: NAMI's Friendship Corner, 86 S Macy St., FDL

Cost: Group is FREE to attend

Pre-registration is requested so that we can communicate any schedule changes to participants. The group is ongoing, and new members are welcome to join at any time. Childcare is not available.

For more information go to www.csifdl.org/sosl or call (920)948-6050